



# LITURGY VARIATIONS

## 3<sup>RD</sup> ANTIPHON: TROPARION OF THE RESURRECTION (TONE 8)

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial that Thou mightest deliver us from passion. Thou art our Life and our Resurrection, O Lord, glory to Thee.

أُنْحَدَرْتَ مِنَ الْعُلُوِّ يَا مُتَحَيِّنٌ، وَقَبِلْتَ الدَّفْنَ ذَا الثَّلَاثَةِ أَيَّامٍ،  
لَكِنِّي نَعَيْفْنَا مِنَ الْآلَامِ، فَيَا حَيَاتَنَا وَقِيَامَتَنَا، يَا رَبُّ الْمَجْدُ  
لَكَ.

## APOLYTIKIA AFTER THE ENTRANCE

### Troparion of the Resurrection (Tone 8)

From the heights Thou didst descend....

....أُنْحَدَرْتَ مِنَ الْعُلُوِّ

### Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM

Divine Liturgy, 10:30 AM

Saturdays: Great Vespers, 6:00 PM

Confession: After Saturday Vespers

During Sunday Matins

Or by Appointment



**Remember to turn  
cell phones off!**

*See Calendar for Feast Days and Other Weekday Services Scheduled*

### Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

**CHILDREN** going to church school and their teachers should come down the center aisle first. (Small children may need to be assisted by their parents.)

**ALL OTHERS** should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

### A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

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### Troparion for St. John, Author of "The Ladder" (Tone 8)

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The barren wilderness thou didst make fertile with the streams of thy tears, and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John, intercede with Christ God to save our souls.

لِلْبَرِّيَّةِ غَيْرِ الْمَيْمَرَةِ بِمَجَارِي دُمُوعِكَ أَمْرَعْتَ، وَبِالتَّنْهَدَاتِ الَّتِي  
مِنَ الْأَعْمَاقِ أُنْمَرْتَ بِأَنْعَابِكَ إِلَى مِئَةِ ضِعْفٍ، فَصِرْتَ كَوَكْبًا  
لِلْمَسْكُونَةِ مُتَالِئًا بِالْعَجَائِبِ، يَا أَبَانَا الْبَارَّ يوحنا، فَتَشَفَّعْ إِلَى  
المسيحِ الإلهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

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### Troparion of St. Nicholas (Tone 4)

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The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls.

لَقَدْ أَظْهَرْتَكَ أفعالَ الْحَقِّ لِرَعِيَّتِكَ قَانُونًا لِلإِيمَانِ، وَصُورَةً  
لِلْوَدَاعَةِ، وَمُعَلِّمًا لِلإِنْسَانِ، أَيُّهَا الأبُ وَرئيسُ الْكَهَنَةِ  
نِيقُولَاوس. فَلِذَلِكَ أَحْرَزْتَ بِالتَّوَضُّعِ الرَّفْعَةَ، وَبِالمِسْكِنَةِ الْغِنَى.  
فَتَشَفَّعْ إِلَى المسيحِ الإلهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

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### Kontakion of the Annunciation (Tone 8)

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To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone canst set me free: from all forms of danger free me, and deliver me, that I may cry unto thee: Hail, O Bride without bridegroom.

إِنِّي أَنَا عَبْدُكَ يَا وَالِدَةَ الإلهِ \* أَكْتُبُ لِكَ رَايَاتِ الْعَلْبَةِ يَا  
جُنْدِيَّةَ مُحَامِيَّةً وَأُقَدِّمُ لَكَ الشُّكْرَ كَمُنْقَذَةٍ مِنَ الشَّدَائِدِ لَكِنْ بِمَا  
أَنَّ لِكَ الْعِزَّةَ الَّتِي لَا تُحَارَبُ أَعْتَقِبْنِي مِنْ صُنُوفِ الشَّدَائِدِ حَتَّى  
أَصْرُخَ إِلَيْكَ: إِفْرَحِي يَا عَرُوسًا لَا عَرُوسَ لَهَا.

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## THE SCRIPTURE LESSONS

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### Prokeimenon (Psalm 28.11, 1 LXX; Tone 7)

The Lord will give strength to his people.

*Verse:* Bring to the Lord, O sons of God, bring to the Lord honor and glory.

### بروكيمنون (اللحن 7؛ زمور 28.11، 1)

الرَّبُّ يُعْطِي قُوَّةً لِشَعْبِهِ.

قَدِّمُوا لِلرَّبِّ يَا أَبْنَاءَ اللَّهِ، قَدِّمُوا لِلرَّبِّ مَجْدًا وَكَرَامَةً.

**St. Paul's Letter to the Hebrews  
(6.13-20; 4<sup>TH</sup> Sunday of Lent)**

BRETHREN, when God made a promise to Abraham, since He had no one greater by whom to swear, he swore to Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So, when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, He interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

**Holy Gospel according to St. Mark  
(9.17-31; 4<sup>th</sup> Sunday of Lent)**

AT THAT TIME, a man came to Jesus, kneeling down and saying unto Him, "Teacher, I brought my son to You, for he has a dumb spirit; and wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And Jesus answered him, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground

**فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولَسِ الرَّسُولِ إِلَى الْعِبْرَانِيِّينَ  
(6.13-20؛ رابع أحد من الصوم)**

يَا إِخْوَتِي، إِنَّ اللَّهَ لَمَّا وَعَدَ إِبْرَاهِيمَ، إِذْ لَمْ يُمْكِنَ أَنْ يُقْسِمَ بِمَا هُوَ أَعْظَمُ مِنْهُ، أَقْسَمَ بِنَفْسِهِ. قَائِلًا: لِأُبَارِكَنَّكَ بَرَكَةً وَأَكثِّرَنَّكَ تَكثِيرًا. وَذَلِكَ إِذْ تَأْتَى، نَالَ الْمُوعَدَ. وَإِنَّمَا النَّاسُ يُقْسِمُونَ بِمَا هُوَ أَعْظَمُ مِنْهُمْ، وَتَنْقُضِي كُلَّ مُشَاحِرَةٍ بَيْنَهُمْ بِالْقَسَمِ لِتُثْبِتَ. فَلِذَلِكَ، لَمَّا شَاءَ اللَّهُ أَنْ يَزِيدَ وَرِثَةَ الْمُوعَدِ بَيِّنًا لِعَدَمِ تَحْوُلِ عَزْمِهِ، تَوَسَّطَ بِالْقَسَمِ. حَتَّى نَحْصَلَ بِأَمْرَيْنِ لَا يَتَحَوَّلَانِ وَلَا يُمْكِنُ أَنْ يُخْلَفَ اللَّهُ فِيهِمَا عَلَى تَعْرِيفَةِ قُوَّتِهِ، نَحْنُ الَّذِينَ التَّجَأْنَا إِلَى التَّمَسُّكِ بِالرَّجَاءِ الْمَوْضُوعِ أَمَامَنَا. الَّذِي هُوَ لَنَا كَمُرْسَاةٍ لِلنَّفْسِ أَمِينَةٍ رَاسِحَةٍ تَدْخُلُ إِلَى دَاخِلِ الْحِجَابِ، حَيْثُ دَخَلَ يَسُوعُ كَسَابِقٍ لَنَا وَقَدْ صَارَ عَلَى رُتْبَةِ مَلِكِيصَادَقَ، رَئِيسِ كَهَنَةٍ إِلَى الْأَبَدِ.

**مِنْ بَشَارَةِ الْقَدِيسِ مَرْقُسَ الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ  
(9.17-31؛ رابع أحد من الصوم)**

فِي ذَلِكَ الزَّمَانِ، دَنَا إِلَى يَسُوعَ إِنْسَانٌ وَسَجَدَ لَهُ قَائِلًا: يَا مُعَلِّمُ، قَدْ أَتَيْتُكَ بَانِي، بِهِ رُوحٌ أَبْكَمٌ. وَحَيْثُمَا أَخَذَهُ يَصْرَعُهُ، فَيَزِيدُ وَيَصْرِفُ بِأَسْنَانِهِ وَيَبْسِسُ، وَقَدْ سَأَلْتُ تَلَامِيذَكَ أَنْ يُخْرِجُوهُ فَلَمْ يَقْدِرُوا. فَأَجَابَهُ قَائِلًا: "أَبُيْهَا الْخِيلُ غَيْرُ الْمُؤْمِنِ، إِلَى مَتَى أَكُونُ عِنْدَكُمْ؟ حَتَّى مَتَى أَحْتَمِلُكُمْ؟ هَلُمَّ بِهِ إِلَيَّ." فَاتَوَّهُ بِهِ. فَلَمَّا رَأَهُ لِنُوقَتِ صَرَغَهُ الرُّوحِ، فَسَقَطَ عَلَى الْأَرْضِ يَتَمَرَّعُ وَيُزِيدُ. فَسَأَلَ أَبَاهُ: "مَنْذُكُمْ مِنَ الزَّمَانِ أَصَابَهُ هَذَا؟"

and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if You can do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, He rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, his disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting."

They went out from there and passed through Galilee. And Jesus would not have any one know it; for He was teaching his disciples, saying to them, "The Son of Man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

فَقَالَ: "مَنْذُ صِبَاهُ. وَكَثِيرًا مَا أَلْقَاهُ فِي النَّارِ وَفِي الْمِيَاهِ لِيُهْلِكَهُ. لَكِنْ إِنْ اسْتَطَعْتَ شَيْئًا، فَتَحَنَّنْ عَلَيْنَا وَأَعْنِنَا." فَقَالَ لَهُ يَسُوعُ: "إِنْ اسْتَطَعْتَ أَنْ تُؤْمِنَ، فَكُلُّ شَيْءٍ مُسْتَطَاعٌ لِلْمُؤْمِنِ." فَصَاحَ أَبُو الصَّبِيِّ مِنْ سَاعَتِهِ بِدُمُوعٍ وَقَالَ: "إِنِّي أَوْمِنُ يَا سَيِّدُ، فَأَعِثْ عَدَمَ إِيمَانِي." فَلَمَّا رَأَى يَسُوعُ أَنَّ الْجَمْعَ يَبَادِرُونَ إِلَيْهِ، انْتَهَرَ الرُّوحَ النَّجِسَ قَائِلًا لَهُ: "أَيُّهَا الرُّوحُ الْأَبْيَكُمُ الْأَصْنَمُ، أَنَا أَمْرُكَ أَنْ أُخْرَجَ مِنْهُ وَلَا تُعَدُّ تَدْخُلُ فِيهِ." فَصَرَخَ وَحَبَطَهُ كَثِيرًا وَخَرَجَ مِنْهُ، فَصَارَ كَالْمَيْتِ، حَتَّى قَالَ كَثِيرُونَ إِنَّهُ قَدْ مَاتَ. فَأَخَذَ يَسُوعُ بِيَدِهِ وَأَهْمَضَهُ، فَقَامَ. وَلَمَّا دَخَلَ بَيْتًا، سَأَلَهُ تَلَامِيذُهُ عَلَى انْفِرَادٍ: "لِمَا لَمْ نَسْتَطِعْ نَحْنُ أَنْ نُخْرِجَهُ؟" فَقَالَ لَهُمْ: "إِنَّ هَذَا الْجِنْسَ لَا يُمَكِّنُ أَنْ يُخْرَجَ بِشَيْءٍ إِلَّا بِالصَّلَاةِ وَالصُّومِ."

ولمَّا خَرَجُوا مِنْ هُنَاكَ، اجْتَنَزُوا فِي الْجَلِيلِ، وَلَمْ يُرَدَّ أَنْ يَدْرِي أَحَدٌ. فَإِنَّهُ كَانَ يُعَلِّمُ تَلَامِيذَهُ وَيَقُولُ لَهُمْ "إِنَّ ابْنَ الْبَشَرِ يُسَلَّمُ إِلَى أَيْدِي النَّاسِ، فَيَقْتُلُونَهُ، وَبَعْدَ أَنْ يُقْتَلَ، يَقُومُ فِي الْيَوْمِ الثَّلَاثِ."

## HOLY OBLATIONS AND PRAYER REQUESTS

- By Costandi, Ramzi, Rita, Alex, Gabriella and Andrew Sawabini, and by Ramzy, Rania, Haya, Hala and Helena Fakhoury, for the repose of wife/mother/grandmother Nadia Sawabini (1-year memorial).
- By Maria Harb-Safady and her brothers, for the repose of mother Siham Harb (20-year memorial), father Hanna John Harb (2-year memorial) and aunt Jamila Harb (8-year memorial).

- By Hanan Kort, Hanna Balisy, Husam Balisy and their families, for the repose of mother Dalal Balisy (6-month memorial).
- By the Ayoob family, for the health of the Ayoob and Sadd families and the birthdays of Suzi and Danielle Sadd and Roberta Pollock.
- By Suleiman, Randa, Marissa and Toufic-Timothy Kassisieh and the Kassisieh and Seikaly families, for the repose of Suleiman’s father Toufic S. Kassisieh (12 years).
- By George, Mariam, Mark, Antonio and Hend Bshara.
- By Ehab, Rania, Sami, Selena and Anthony Dahabreh, for the health of Rania’s father, Hani Tadros, and in memory of Ehab’s mother, Nawal Hawatmeh Dahabreh.

To offer Holy Oblations and Memorials please use the form at

<https://stnicholasla.com/makeaprayerrequest> or call the Cathedral office by Wednesday.

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## WE SERVE THE LITURGY OF ST. BASIL TODAY

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From the point in the service where Father invites us, “Let us give thanks unto the Lord,” turn to the middle of page 134 in the brown hardback books to continue participating in the Prayer of the Anaphora.

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### MEGALYNARION OF ST. BASIL’S LITURGY (TONE 8)

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In thee rejoices all creation, O thou Full of Grace, the assembly of angels and the race of men. O sanctified Temple and spiritual Paradise, the Glory of virgins, from whom God was incarnate and became a child, our eternal God. He made thy body into a throne, and thy womb He made more spacious than the heavens. In thee rejoices all creation, O thou Full of Grace. Glory to thee!

إِنَّ الْبَرَايَا بِأَسْرَهَا، تَفْرَحُ بِكَ يَا مُتَمَلِّقَةَ نِعْمَةً: مُحَافِلِ الْمَلَائِكَةِ،  
 وَأَجْنَسِ الْبَشَرِ. أَيُّهَا الْهَيْكَلُ الْمُتَقَدِّسِ، وَالْفِرْدَوْسُ النَّاطِقُ،  
 فَخَرُ الْبَتُولِيَّةِ مَرْيَمَ، الَّتِي مِنْهَا بَحَسَدَ الْإِلَهِ، وَصَارَ طِفْلاً، وَهُوَ  
 إِهْنَا الَّذِي قَبْلَ الدُّهُورِ. لِأَنَّهُ صَنَعَ مُسْتَوْدَعَكَ عَرْشًا، وَجَعَلَ  
 بَطْنِكَ أَرْحَبَ مِنَ السَّمَاوَاتِ. لِذَلِكَ يَا مُتَمَلِّقَةَ نِعْمَةً، تَفْرَحُ بِكَ  
 كُلُّ الْبَرَايَا وَتُحْمَدُكَ.

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### TODAY’S STUDY TOPIC: LESSON I.12— PHARAOH’S INVITATION

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All church school classes from first grade on up will study Genesis 45-50 (pages 86-94 in *The Golden Children’s Bible*) today. Adults will study the same text simultaneously with our children.



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# ANNOUNCEMENTS

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## PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY

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Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side) doors, and join us in the Heritage Ballroom for refreshments. Coffee hour is hosted today:



- By the Sawabini and Fakhoury family, a mercy meal in memory of Nadia Sawabini.

*Please consider sponsoring a Coffee Hour after Liturgy. Bring whatever you would like to share—donuts, cookies, mini bagels, zaatar, etc. What we eat isn't as important as sharing the fellowship of our Cathedral Family. The Ladies Society will provide the coffee and paper goods. Call/text Joujou George (562)-522-1322, or email her at ginageorge@verizon.net by Wednesday to reserve a Sunday.*

## ***LENTEN SERVICES***

In Addition to the regular, weekly services:

**Saturday Vespers, 6 p.m.**

**Sunday Matins: 9:15 a.m.**

**Sunday Divine Liturgy: 10:30 a.m.**

**Mondays** — On Mondays in Lent we will serve **Great Compline at 6:30 p.m.**

**Wednesdays** — Join us at **6:30 p.m. for the Presanctified Liturgy.** Fast from all food and drink from *at least* noon in preparation for Holy Communion. Bring one Lenten item to share for a potluck after Liturgy. A short spiritual discussion will follow.

**Fridays** — Little Compline with the **Akathist Hymn to the Theotokos at 6:30 p.m.**

**This Thursday, April 7** — We serve the **Great Canon of St. Andrew of Crete and the Life St. Mary of Egypt** at 6:30 pm.

**Palm Sunday: April 17 • Pascha: April 24**



## FOOD FOR HUNGRY PEOPLE

As we fast, we always need to remember the poor. Please take a Food for Hungry People offering box from the narthex, and make it a practice to put something into it as you sit down for every meal.

### LIKE THE PRODIGAL SON, WE RETURN TO OUR FATHER IN HUMILITY

Everyone should make a confession at least once during Lent. A priest is always available for confessions after Saturday Vespers and during Matins on Sundays, or you can make an appointment. Just wait in a pew near the St. Raphael Shrine, and a priest will come out and meet you by the shrine.



DIocese of LOS ANGELES AND THE WEST CAMPING PROGRAM

# CAMP ST. NICHOLAS



## Announcing Summer Camp 2022

"Let the children come to me, and do not hinder them; for to such belongs the kingdom of heaven." (Matthew 19:14)

We return to our regular three session format in 2022. Camp dates are:

Week 1: July 10 - 16  
2<sup>nd</sup> Grade - 12<sup>th</sup> Grade

Week 2: July 17 - July 23  
7<sup>th</sup> Grade - 12<sup>th</sup> Grade

Week 3: July 24 - July 30  
2<sup>nd</sup> Grade - 12<sup>th</sup> Grade

Tuition: \$600 (\$75 deposit due at time of registration)

Busses: \$40 each way - if desired (from St Luke and St Nicholas Parking Lots)

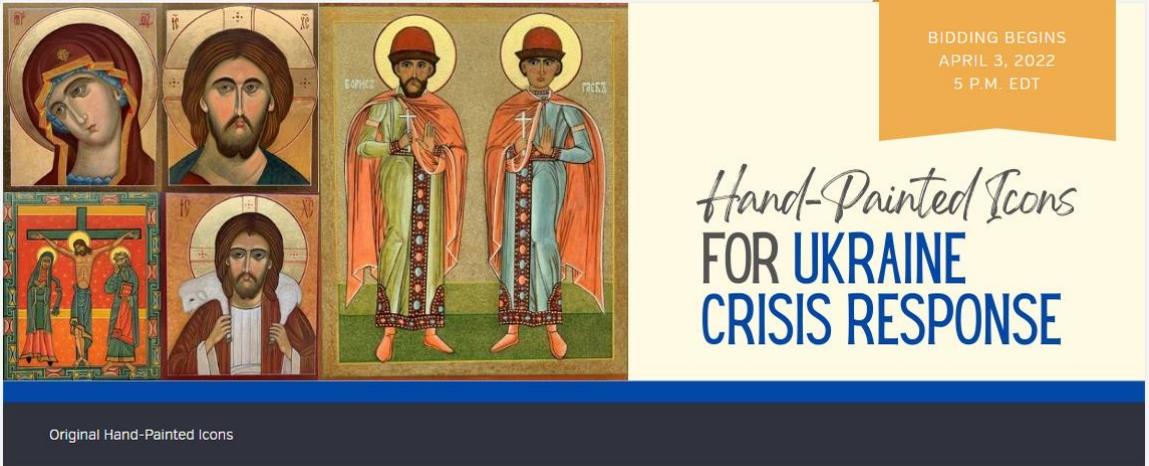
**Registration is open, and there's still room in each session. Register online at [www.campstnicholas.com/site/home](http://www.campstnicholas.com/site/home)**

***St. Nicholas Cathedral will pay half the cost for all campers who are members of the Cathedral. If you need additional financial assistance, please submit the form available to you when you register or ask Fr. Nabil privately. While scholarships are being worked out, please pay the \$75 deposit to secure your spot at camp.***

## CONCERNING THE SITUATION IN UKRAINE



INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



IOCC is hosting an on-line silent auction of hand painted icons to benefit their Ukraine crisis response efforts. Bidding begins on April 3 at 5PM Eastern Time at [this link](#).

## Looking Ahead to Long-Term Response

As millions displaced from their homes seek safety across Ukraine and in neighboring countries, **IOCC's response is only just beginning**. Right now we're serving refugees in Romania, Poland, and Moldova—in addition to reaching people within Ukraine itself with emergency supplies and other assistance. And IOCC's multinational, multipronged response will continue reaching people in need **for the long term**.

With IOCC's initial assessment teams back in the US and permanent staff now on the ground, we can report that the needs are huge. This is why we need to **double our private fund-raising goal to \$3 million**. With ramped-up staffing across the region and urgent humanitarian action already underway, IOCC is building a robust long-term response.

The needs remain tremendous, and they will not disappear overnight. **IOCC will be there** in the coming weeks and months—through this humanitarian calamity and beyond. Please continue to support this drive as you can, and please share IOCC with others who may wish to help.

Thank you for your generosity, compassion, and prayers. Thank you for partnering with IOCC to serve Christ by serving others.

**GIVE NOW** directly to IOCC at [www.iocc.org](http://www.iocc.org), or you can make checks payable to St. Nicholas Cathedral, and we will convey your generosity to IOCC.

## STEWARDSHIP: EXPRESSING OUR LOVE FOR GOD

*Jesus "saw a poor widow put in two copper coins. And He said, 'Truly I tell you, this poor widow has put in more than all of them; for they all contributed out of their abundance, but she out of her poverty put in all the living that she had.'"*

*(Luke 21.2-4)*

*Thanks, and blessings on all who already stepped up and made their stewardship commitments for 2022!*



Regular Stewardship Pledge for 2022	
2500 W. 3rd Street • Los Angeles, CA 90087	
I/we pledge to St. Nicholas Antiochian Orthodox Cathedral a reasonable and fair share of the blessings received from God as a token of thanksgiving and in support for His Holy Church.	
Name(s) _____ Address _____	
City _____ State _____ Zip _____ Phone _____	
<input type="checkbox"/> Renew my pledge at <input type="checkbox"/> the same level, or increase it by: <input type="checkbox"/> 5% <input type="checkbox"/> 10% <input type="checkbox"/> 15% <input type="checkbox"/> 20% from last year	
<input type="checkbox"/> Start with a fresh pledge: \$ _____ per <input type="checkbox"/> week <input type="checkbox"/> month <input type="checkbox"/> year	
By selecting the Bank Draft or Credit Card option, I authorize St. Nicholas Cathedral to charge my account the amount stated and I provide a written certification. The convenience of automatic recurring billing is processed through the advice of payment system.	
By selecting the Bank Draft or Credit Card option, I authorize St. Nicholas Cathedral to charge my account the amount stated and I provide a written certification. The convenience of automatic recurring billing is processed through the advice of payment system.	
Giving by Check/Cash/Stock, etc. _____	
Giving by Bank Draft. Please include voided check if available. Routing # _____ Account # _____	
Giving by Credit/Debit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> Discover: _____	
Name as on Card _____ # _____ Expiration _____ / _____ Billing Zip _____	
Signature _____ Date _____ Email _____ <input type="checkbox"/> Keep my name accurate (inserts are never submitted)	

### WITH THE BLESSING OF HIS EMINENCE METROPOLITAN JOSEPH

THE ANTIOCHIAN WOMEN OF LOS ANGELES AND THE WEST PRESENTS...

## AN ANTIOCHIAN WOMEN'S SPIRITUAL RETREAT! April 8-10 (Fri-Sun), 2022

Featured Keynote Speaker: Rev. Fr. John Valadez  
St. Timothy Antiochian Church  
Lompoc, CA

In Person at Camp St. Nicholas  
11770 Frontier Rd.  
Frazier Park, CA 93225

### COST

- \$145 Includes 5 meals, snacks, room, and board.
- \$65 Saturday only, Includes 3 meals, and snacks.



**Theme  
May it Be  
Blessed:  
Conforming  
Our Will to  
God's**



V. Rev. Fr. David Hovik

DLAW Antiochian Women Spiritual Leader  
St. Andrew Antiochian Church  
Arlington, WA

For any questions, please contact Khourieh Jean Baba, DLA  
Retreat Coordinator @ (916) 955-4736

<https://www.facebook.com/AntiochianWomenDioceseOfLosAngelesandtheWest/videos/4815817351871596>

Our annual retreat will be in-person at Camp St Nicholas -April 8 - 10. Registration and payment are available online:

Registration: [https://docs.google.com/forms/d/1NL2soO08C66n\\_xPK1Tz2oxwuBaZOsHrGQVd8QgBulvQ/edit](https://docs.google.com/forms/d/1NL2soO08C66n_xPK1Tz2oxwuBaZOsHrGQVd8QgBulvQ/edit)

Online payment: <https://antiochian.networkforgood.com/projects/155765-dlaw-antiochian-women-s-spiritual-retreat-2022>

If you haven't done so yet, we ask you to consider prayerfully your stewardship commitment for this year. Please place your pledge card in the collection basket, in the offering box at the candle stand, or return it by mail.

You will find extra pledge cards in the narthex. (They look like the facsimile at right.) You can even enter your pledge as a recurring donation online yourself at [stnicholasla.org/contributions](http://stnicholasla.org/contributions)

## DIOCESE WOMEN'S ACTIVITIES

Our Guest Speaker was our very own Fr. David Hovik for the latest "Sowing Bee" online presentation, speaking on Forgiveness. If you saw it, you know how edifying a presentation it was. If you missed it - or want to watch it again - it remains on our Facebook page:

## **SUPPORTING FR. PAUL MARJI AND OUR NEWEST MISSION**

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*The newest mission in the Diocese of Los Angeles and the West serving the community in Bakersfield, CA needs your help to raise funds for a down payment on property for our church. We have found a property at 4415 Wilson Road. Our goal is to raise \$175,000 or 20% of the purchase price by the end of 2022. To date we have raised \$9,325.06.*

*Your help is critical to spread Orthodoxy to 1<sup>st</sup> and 2<sup>nd</sup> generation Jordanian, Syrian, Egyptian, Armenian, Iraqi, Lebanese, Greek, Palestinian, Russian, Romanian and Baltics parishioners who have made Bakersfield their new home.*

*How can you help?*

- *Attend our fundraiser dinner Saturday May 7, 2022, at St. Nicholas Cathedral after Great Vespers in the Heritage Ballroom*
  - *\$100 Donation*
  - *Call or text Danny Andrews to reserve your tickets (661) 331-0723*
- *Donate on line at [www.virginmarybakersfield.org](http://www.virginmarybakersfield.org) using the donation page*  
*Select Building Fund when making your donation.*



### **THE PALM SUNDAY BAKE SALE AND COFFEE HOUR**

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will be held on Palm Sunday, April 17, inside the Heritage Ballroom, after the Palm Sunday Liturgy. Everyone is invited to place their pre-orders or shop after Liturgy. Be sure to get all your favorite sweets and treats! Ordering ahead is encouraged due to limited quantities.

The St. Nicholas Antiochian Women need help with baking and donations. Let us all help to make this a successful and delicious event to celebrate the special feast day. The Palm Sunday Bake Sale has always been one of the Cathedral's greatest traditions. Please contact Chairwoman Jacqui Badaro to contribute with either your delicious homemade sweets or to donate needed funds. Be sure to look for the special-order form in the Sunday bulletin, in the Antiochian Women Newsletter, on Facebook or on the St. Nicholas website ([stnicholasla.org](http://stnicholasla.org)) for more information and to place your orders. Please place your orders ASAP, because all this good stuff goes fast! Jacqui's number is (626) 476-9070 and her email address is [jmbadaro@hotmail.com](mailto:jmbadaro@hotmail.com).



# Baked Goods Sale

Homemade by Our St. Nicholas  
Cathedral's Ladies  
Palm Sunday, April 17, 2022



Baked Goods	Pre-order	on Site Price	Qty	Total \$
Date Fingers	\$18.00 per dozen	\$20.00 per dozen		
Maamool Walnut	\$18.00 per dozen	\$20.00 per dozen		
Maamool Pistachio	\$18.00 per dozen	\$20.00 per dozen		
Maamool Date	\$18.00 per dozen	\$20.00 per dozen		
Macaroons	\$12.00 per dozen	\$20.00 per dozen		
Baklawa Fingers	\$16.00 per lb.	\$18.00 per lb.		
Baklawa	\$16.00 per lb.	\$18.00 per lb.		
Ka'ak	\$14.00 per dozen	\$16.00 per dozen		
Ghraibie	\$15.00 per dozen	\$17.00 per dozen		
Namoora	\$12.00 per lb.	\$14.00 per lb.		
Spinach Fatayer	\$16.00 per dozen	\$18.00 per dozen		
Meat Fatayar	\$18.00 per dozen	\$20.00 per dozen		
Zaatar	\$11.00 per 6 pieces			
Cheese Pies	\$16.00 per dozen	\$18.00 per dozen		
Kibbeh Balls	\$20.00 per dozen	\$20.00 per dozen		
	<b>TOTAL AMOUNT DUE:</b>			

All preorders are due by Sunday, April 10, 2022.

Ordered By: \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Check # \_\_\_\_\_ Cash \$: \_\_\_\_\_ Total \$: \_\_\_\_\_

Make checks payable to **St. Nicholas Cathedral Ladies Society**

## CATHEDRAL PRAYER LIST

*Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)*

### LIVING

**Dorothy** Nicholas, home, 5/4  
**Newborn Ava** Hourani, hospital, 5/4  
**Dale** Nicola, home, 5/3  
**Abdullah** Matar, home, 4/26  
**Denise** Naccache, home, 4/25  
**Juliet** Abdoush, rehab., 4/23  
**Gerald** Nader, home, 4/17  
**Natalie** Ann Waimrin, home, 4/15  
**Abdo** Hanna, home, 4/11  
**George** Rafeedie, hospital, 4/8  
**Andrea** Rafeedie, home, 4/8  
**Jason** Perkins, home, 4/7  
**Kh. Patricia** Romley, 4/1  
**Daniela** Salinas and family, goddaughter of Fr. Paul and Kh. Laurie Olson, 5/9  
**Genevieve** Vine, child from Indiana, 5/11  
**Ronald** Davis Sr., Kh. Ruth Andrews' father, 5/8  
**Marianna** Gantus Thomas, former member of St. Nichoas, 5/11  
**Connor** Capata, Julian and Shirley's grandson, 4/19  
**Melveen** Fadoul, Shirley Cameron's mother, 4/16  
**All those suffering from illness, violence and want in this country, in Ukraine and everywhere**

### DEPARTED

**Nefali** Salina, child of Fr. Paul and Kh. Laurie Olson's goddaughter, 5/9  
**Margaret** Kort, aunt of Alex Kort and Rima Kurt, 4/12

**Victims of the pandemic and of violence in Ukraine and everywhere**

## ST. NICHOLAS CATHEDRAL CALENDAR

April 2022

<b>Sun. 3</b>	<b>4<sup>th</sup> Sunday of Lent: St. John of Sinai</b> <b>Spanish Mission Liturgy, 7:45 am</b> <ul style="list-style-type: none"> <li>• Fellowship and Bible Study</li> </ul> <b>Matins, 9:15 am</b> <b>Divine Liturgy, 10:30 am</b> <ul style="list-style-type: none"> <li>• Church School</li> <li>• Coffee Hour</li> </ul>
<b>Mon. 4</b>	<b>Great Compline, 6:30 pm</b>
<b>Wed. 6</b>	<b>Presanctified Liturgy, 6:30 pm</b> <ul style="list-style-type: none"> <li>• Potluck dinner</li> <li>• Discussion</li> </ul>
<b>Thu. 7</b>	<b>Little Compline</b> with the Great Canon of St. Andrew of Crete and the Life of St. Mary of Egypt, 6:30 pm
<b>Fri. 8</b>	<b>Little Compline and Akathist, 6:30 pm</b>
<b>Sat. 9</b>	<b>Great Vespers and Confession, 6 pm</b>
<b>Sun. 10</b>	<b>5<sup>th</sup> Sunday of Lent: St. Mary of Egypt</b> <b>Spanish Mission Liturgy, 7:45 am</b> <ul style="list-style-type: none"> <li>• Fellowship and Bible Study</li> </ul> <b>Matins, 9:15 am</b> <b>Divine Liturgy, 10:30 am</b> <ul style="list-style-type: none"> <li>• Church School</li> <li>• Coffee Hour</li> </ul>
<b>Mon. 11</b>	<b>Great Compline, 6:30 pm</b>
<b>Wed. 13</b>	<b>Presanctified Liturgy, 6:30 pm</b> <ul style="list-style-type: none"> <li>• Potluck dinner</li> <li>• Discussion</li> </ul>
<b>Fri. 15</b>	<b>Little Compline</b> with the Canon of the Raising of Lazarus, 6:30 pm

SEE THE FULL CALENDAR and latest additions and updates at [stnicholasla.org/parishcalendar](http://stnicholasla.org/parishcalendar)