



St. Nicholas Antiochian Orthodox Christian Cathedral

Antiochian Orthodox Christian Archdiocese of North America • Diocese of Los Angeles and the West

2300 WEST 3RD STREET • LOS ANGELES, CALIFORNIA 90057
(213) 382-6269 • WWW.STNICHOLASLA.ORG • EMAIL: CATHEDRAL@STNICHOLASLA.COM

MOST. REV. METROPOLITAN JOSEPH, ARCHBISHOP

V. REV. FATHER NABIL L. HANNA, DEAN
(317) 919-0841 • FRNABILH@STNICHOLASLA.COM

REV. FATHER ANDREW ANDREWS, ASSISTANT PASTOR
(925) 323-6787 • FRANDREWA@STNICHOLASLA.COM

REV. FATHER PAUL OLSON, ASSISTANT PASTOR
(714) 651-6151 • REV.PAUL.OLSON@GMAIL.COM

REV. DEACON ELIYA AMMARI, ATTACHED
(818) 433-5523 • LOUIA@HOTMAIL.COM

STONE 1

APRIL 10, 2022

EOETHINON 9

FIFTH SUNDAY OF THE GREAT FAST

COMMEMORATION OF OUR VENERABLE MOTHER MARY OF EGYPT

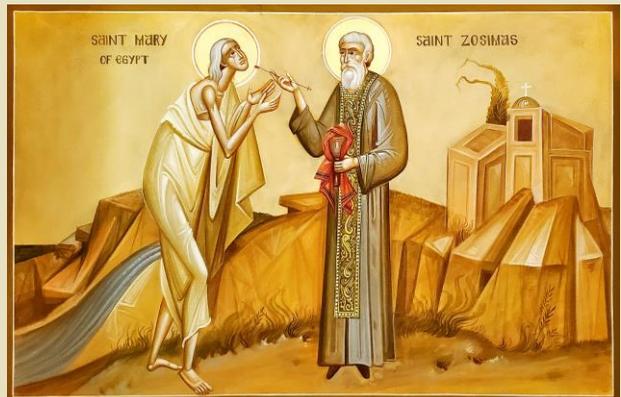
خامس أحد من الصوم الكبير: الام البارّة مَرِيَمَ المِصرِيّة

MARTYRS TERENCE AND POMPEY OF CARTHAGE AND THOSE MARTYRED WITH THEM
NEW-HIEROMARTYR GREGORY V, PATRIARCH OF CONSTANTINOPLE
NEW-MARTYR DEMAS OF SMYRNA

When Mary was only twelve, she left her parents and went to Alexandria, where she lived a depraved life for seventeen years. Then, moved by curiosity, she went with many pilgrims to Jerusalem, that she might see the Exaltation of the Holy Cross. Even in the Holy City, she gave herself to licentiousness and enticed many to sin. Desiring to go into the church, an invisible power prevented her entrance, while others entered effortlessly. She decided to change her way of life. Asking the Theotokos to open the way for her to venerate the Cross, she vowed to renounce the world. Returning again to the church, she entered easily.

When she had kissed the precious Wood, she departed that same day from Jerusalem and passed over the Jordan. She went into the wilderness and for forty-seven years lived a most harsh manner of life. Alone, she prayed to God and had no human contact until the priest Zosimas found her at the end of her life.

This icon of Zosimas Communing Mary is found in the narthex of St. George Church, Fishers, Indiana



LITURGY VARIATIONS

3RD ANTIPHON: TROPARION OF THE RESURRECTION (TONE 1)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O Giver of life: Glory to Thy Resurrection, O Christ; glory to Thy kingdom; glory to Thy providence, O Thou Who alone art the Lover of mankind.

إِنَّ الْحَجَرَ لَمَّا حُتِمَ مِنَ الْيَهُودِ، وَجَسَدَكَ الطَّاهِرَ حُفِظَ مِنْ
الْجُنْدِ، قُتِمَتْ فِي الْيَوْمِ الثَّالِثِ أَيُّهَا الْمَحْلَسُ، مَانِحًا الْعَالَمَ
الْحَيَاةَ. لِذَلِكَ قَوَّاتُ السَّمَاوَاتِ، هَتَفُوا إِلَيْكَ يَا وَاهِبَ الْحَيَاةِ:
الْمِجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ، الْمِجْدُ لِمُلْكِكَ، الْمِجْدُ لِتَدْبِيرِكَ،
يَا مُحِبَّ الْبَشَرِ وَحَدَّكَ.

Schedule of Regular Weekly Services

Sundays:	Matins, 9:15 AM	Confession:	After Saturday Vespers
	Divine Liturgy, 10:30 AM		During Sunday Matins
Saturdays:	Great Vespers, 6:00 PM		Or by Appointment



**Remember to turn
cell phones off!**

See Calendar for Feast Days and Other Weekday Services Scheduled

Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

CHILDREN going to church school and their teachers should come down the center aisle first. (Small children may need to be assisted by their parents.)

ALL OTHERS should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

APOLYTIKIA AFTER THE ENTRANCE

Troparion of the Resurrection (Tone 1)

While the stone was sealed by the Jews....

إِنَّ الْحَجَرَ لَمَّا خُتِمَ مِنَ الْيَهُودِ....

Troparion for St. Mary of Egypt (Tone 8)

Through thee the divine likeness was securely preserved, O Mother Mary, for thou didst carry the cross and followed Christ. By example and precept, thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

بِكَ حُفِظَتْ صُورَةُ خَلْقِنَا بِدِقَّةٍ أَيُّهَا الْأُمُّ مَرْيَمَ، فَإِنَّكَ حَمَلْتِ الصَّلِيبَ وَتَبِعْتِ الْمَسِيحَ، وَعَمِلْتِ وَعَلَّمْتِ أَنْ يُتَغَاضَى عَنِ الْجَسَدِ لِأَنَّهُ زَائِلٌ، وَأَنْ يُعْنَى بِالنَّفْسِ غَيْرِ الْمَائِتَةِ. لِذَلِكَ تَبْتَهِّجُ رُوحُكَ مَعَ الْمَلَائِكَةِ.

Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls.

لَقَدْ أَظْهَرْتَنِي أَعْمَالُ الْحَقِّ لِرِعِيَّتِكَ قَانُونًا لِلْإِيمَانِ، وَصُورَةً لِلْوَدَاعَةِ، وَمُعَلِّمًا لِلْإِمْسَاكِ، أَيُّهَا الْأَبُ وَرَتِيسُ الْكَهَنَةِ نِيقُولَاوس. فَلِذَلِكَ أَحْرَزْتَ بِالتَّوَاضُعِ الرَّفْعَةَ، وَبِالْمِسْكِنَةِ الْغِنَى. فَتَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا.

Kontakion of the Theotokos (Tone 2)

O undisputed Intercessor of Christians, the Mediatrix unrejected by the Creator, turn not away from the voice of our petitions, although we be sinners; come to us with aid in time, who cry unto Thee in faith, for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

يَا شَفِيعَةَ الْمَسِيحِيِّينَ غَيْرِ الْخَازِيَةِ، الْوَسِيطَةَ لَدَى الْخَالِقِ غَيْرِ الْمَرْذُودَةِ، لَا تُعْرِضِي عَنِّ أَصْوَاتِ طَلِبَاتِنَا نَحْنُ الْخَطَاةَ، بَلْ تَدَارِكِينَا بِالْمَعُونَةِ بِمَا أَنَّكَ صَالِحَةٌ، نَحْنُ الصَّارِحِينَ إِلَيْكَ بِإِيمَانٍ: بَادِرِي إِلَى الشَّفَاعَةِ وَأَسْرِعِي فِي الطَّلِبَةِ، يَا وَالِدَةَ الْإِلَهِ، الْمُبْتَشِّعَةَ دَائِمًا بِمُكْرَمِيكَ.

THE SCRIPTURE LESSONS

Prokeimenon

(Psalm 75.11, 1 LXX; Tone 8)

Make your vows to the Lord our God, and perform them.

Verse: God is known in Judah. His Name is great in Israel.

St. Paul's Letter to the Hebrews (9.11-14; 5th Sunday of Lent)

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation), He entered once for all into the Holy Place, taking not the blood of goats and calves but His own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, Who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God.

Holy Gospel according to St. Mark (10.32-45; 5th Sunday of Lent)

AT THAT TIME, Jesus took his twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem; and the Son of Man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit upon Him, and kill Him, and after three days He will rise again."

بروكيمنن (اللعن ٨؛ مزور ٧٥، ١١، ١)

صَلُّوا وَأَوْفُوا الرَّبَّ إِهْنًا نُذَوْرِكُمْ.

اللَّهُ مَعْرُوفٌ فِي أَرْضِ يَهُودَا. إِسْمُهُ عَظِيمٌ فِي إِسْرَائِيلَ.

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولَسِ الرَّسُولِ إِلَى الْعِبْرَانِيِّينَ

(١١، ٩-١٤؛ خامس أحد من الصوم)

يَا إِخْوَةٌ، إِنَّ الْمَسِيحَ إِذْ قَدْ جَاءَ رَئِيسَ كَهَنَةٍ لِلْخَيْرَاتِ الْمَسْتَقْبَلَةِ، فَبَمَسْكِنٍ أَعْظَمٍ وَأَكْمَلٍ غَيْرِ مَصْنُوعٍ بِأَيْدٍ، أَيْ لَيْسَ مِنْ هَذِهِ الْخَلِيقَةِ. وَلَيْسَ بِدَمِ ثِيُوسٍ وَعُجُولٍ، بَلْ بِدَمِ نَفْسِهِ دَخَلَ الْأَقْدَاسَ مَرَّةً وَاحِدَةً فَوَجَدَ فِدَاءً أَبَدِيًّا. لِأَنَّهُ إِنْ كَانَ دَمُ ثِيرَانٍ وَثِيُوسٍ وَرَمَادُ عِجَلَةٍ يُرْسُ عَلَى الْمُنَجَّسِينَ فَيُقَدِّسُهُمْ لِتَطْهِيرِ الْجَسَدِ فَكَمْ بِالْآخَرَى دَمُ الْمَسِيحِ، الَّذِي بِالرُّوحِ الْأَزَلِيِّ قَرَّبَ نَفْسَهُ لِلَّهِ بِلا عَيْبٍ، يُطَهِّرُ ضَمَائِرَكُمْ مِنَ الْأَعْمَالِ الْمَيْتَةِ لِتَعْبُدُوا اللَّهَ الْحَيَّ.

مِنْ بَشَارَةِ الْقَدِيسِ مَرْقُسِ الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ

(٣٢، ١٠-٤٥؛ خامس أحد من الصوم)

فِي ذَلِكَ الزَّمَانِ، أَخَذَ يَسُوعُ تَلَامِيذَهُ الْإِثْنَيْ عَشَرَ وَابْتَدَأَ يَقُولُ لَهُمْ مَا سَيَعْرِضُ لَهُ. "هُوَذَا نَحْنُ صَاعِدُونَ إِلَى أُورَشَلِيمَ، وَابْنُ الْبَشَرِ سَيَسْلَمُ إِلَى رُؤَسَاءِ الْكَهَنَةِ وَالْكَتَبَةِ، فَيَحْكُمُونَ عَلَيْهِ بِالْمَوْتِ وَيُسَلِمُونَهُ إِلَى الْأُمَمِ. فَيَهْرَأُونَ بِهِ، وَيَبْضُقُونَ عَلَيْهِ، وَيَجْلِدُونَهُ، وَيَقْتُلُونَهُ، وَفِي الْيَوْمِ الثَّلَاثِ يَقُومُ."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of you." And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of Man also came not to be served but to serve, and to give his life as a ransom for many."

فَدَنَا إِلَيْهِ يَعْقُوبُ وَيُوحَنَّا ابْنَا زَبَدَى فَاثَلَيْنِ: "يا مُعَلِّمُ، تُرِيدُ أَنْ تَصْنَعَ لَنَا مَهْمَا طَلَبْنَا." فَقَالَ لَهُمَا: "مَاذَا تُرِيدَانِ أَنْ أَصْنَعَ لَكُُمَا؟" قَالَا لَهُ: "أَعْطِنَا أَنْ يَجْلِسَ أَحَدُنَا عَنْ يَمِينِكَ وَالْآخَرُ عَنْ يَسَارِكَ فِي مَجْدِكَ." فَقَالَ لَهُمَا يَسُوعُ: "إِنَّكُمَا لَا تَعْلَمَانِ مَا تَطْلُبَانِ. أَتَسْتَطِيعَانِ أَنْ تَشْرَبَا الْكَأْسَ الَّتِي أَشْرَبُهَا أَنَا، وَأَنْ تَصْطَبِعَا بِالصَّبِغَةِ الَّتِي أَصْطَبِعُ بِهَا أَنَا؟" فَقَالَا لَهُ: "نَسْتَطِيعُ." فَقَالَ لَهُمَا يَسُوعُ: "أَمَّا الْكَأْسُ الَّتِي أَشْرَبُهَا فَتَشْرَبَانِهَا، وَبِالصَّبِغَةِ الَّتِي أَصْطَبِعُ بِهَا فَتَصْطَبِعَانِ. وَأَمَّا جُلُوسُكُمَا عَنْ يَمِينِي وَعَنْ يَسَارِي فَلَيْسَ لِي أَنْ أُعْطِيَهُ إِلَّا لِلَّذِينَ أُعِدَّ لَهُمْ." فَلَمَّا سَمِعَ الْعَشْرَةُ، ابْتَدَأُوا يَعْضَبُونَ عَلَى يَعْقُوبَ وَيُوحَنَّا. فَدَعَاهُمُ يَسُوعُ، وَقَالَ لَهُمْ: "قَدْ عَلِمْتُمْ أَنَّ الَّذِينَ يُجْسَبُونَ رُؤَسَاءَ الْأُمَمِ يَسُودُونَهُمْ، وَعُظَمَاءُهُمْ يَتَسَلَطُونَ عَلَيْهِمْ. وَأَمَّا أَنْتُمْ فَلَا يَكُونُ فِيكُمْ هَكَذَا. وَلَكِنْ مَنْ أَرَادَ أَنْ يَكُونَ فِيكُمْ كَبِيرًا، فَلْيَكُنْ لَكُمْ خَادِمًا. وَمَنْ أَرَادَ أَنْ يَكُونَ فِيكُمْ أَوَّلًا، فَلْيَكُنْ لِلْجَمِيعِ عَبْدًا. فَإِنَّ ابْنَ الْبَشَرِ لَمْ يَأْتِ لِيُخْدَمَ بَلْ لِيُخْدِمَ، وَلِيَبْدُلَ نَفْسَهُ فِدَاءً عَنْ كَثِيرِينَ."

HOLY OBLATIONS AND PRAYER REQUESTS

- By Edward and Georgette Malouf, for the health of Christian, Natalie and Lauren Malouf.
- By Annette Fasheh Nassar, Jamal Fasheh, Hani Fasheh and Mary Fasheh and their families, in memory of mother Naheel J. Fasheh (18 years), father Yousef Tanas Fasheh (29 years) and brother Henry Y. Fasheh (4 years, 9months)
- By Jabra, Lubna, Nicole, Michelle and Anthony Kidess, in memory of Jabra's mother Aida (4 years departed).
- By Rene and Robert Crawford, for the health of godson Andrew Smarius.

- By his children and grandchildren of the Crawford, Roum, Nicola and Bray families, in memory of Joseph Roum (44 years).
- By Robert and Adrienne Andrews and their children, in memory of their mothers and grandmothers Amelia Fadil (25 years) and Lyla Andrews (38 years).
- By George, Mariam, Mark, Antonio and Hend Bshara.
- By Ehab, Rania, Sami, Selena and Anthony Dahabreh, for the health of Rania's father, Hani Tadros, and in memory of Ehab's mother, Nawal Hawatmeh Dahabreh.

To offer Holy Oblations and Memorials please use the form at

<https://stnicholasla.com/makeaprayerrequest> or call the Cathedral office by Wednesday.

WE SERVE THE LITURGY OF ST. BASIL TODAY

From the point in the service where Father invites us, "Let us give thanks unto the Lord," turn to the middle of page 134 in the brown hardback books to continue participating in the Prayer of the Anaphora.

MEGALYNARION OF ST. BASIL'S LITURGY (TONE 8)

In thee rejoices all creation, O thou Full of Grace, the assembly of angels and the race of men. O sanctified Temple and spiritual Paradise, the Glory of virgins, from whom God was incarnate and became a child, our eternal God. He made thy body into a throne, and thy womb He made more spacious than the heavens. In thee rejoices all creation, O thou Full of Grace. Glory to thee!

إِنَّ الْبَرَايَا بِأَسْرِهَا، تَفْرَحُ بِكَ يَا مُمْتَلِئَةً نِعْمَةً: مُحَافِلِ الْمَلَائِكَةِ،
وَأَجْنَسَ الْبَشَرِ. أَيُّهَا الْهَيْكَلُ الْمُتَقَدِّسِ، وَالْفِرْدَوْسُ النَّاطِقِ،
فَخَرُّ الْبَتُولِيِّ مَرْيَمَ، الَّتِي مِنْهَا تَجَسَّدَ الْإِلَهُ، وَصَارَ طِفْلاً، وَهُوَ
إِهْنَا الَّذِي قَبْلَ الدُّهُورِ. لِأَنَّهُ صَنَعَ مُسْتَوْدَعَكَ عَرْشًا، وَجَعَلَ
بَطْنِكَ أَرْحَبَ مِنَ السَّمَاوَاتِ. لِذَلِكَ يَا مُمْتَلِئَةً نِعْمَةً، تَفْرَحُ بِكَ
كُلُّ الْبَرَايَا وَتُحْمَدُكَ.

TODAY'S STUDY TOPIC: LESSON I.13— BIRTH OF MOSES AND MOSES IN MIDIAN

All church school classes from first grade on up will study Exodus 1-2 (pages 96-101 in *The Golden Children's Bible*) today. Adults will study the same text simultaneously with our children.



ANNOUNCEMENTS

PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY

Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side) doors, and join us in the Heritage Ballroom for refreshments.

- The Shousha, Qafaiti and Nima families are hosting a Falafel Lunch.
- The Kidess family is offering donuts in memory of mother Aida Kidess.



Please consider sponsoring a Coffee Hour after Liturgy. Bring whatever you would like to share—donuts, cookies, mini bagels, zaatar, etc. What we eat isn't as important as sharing the fellowship of our Cathedral Family. The Ladies Society will provide the coffee and paper goods. Call/text Joujou George (562)-522-1322, or email her at ginageorge@verizon.net by Wednesday to reserve a Sunday.

LENTEN SERVICES Last Week of Lent

Monday, April 11 — we will serve our final **Great Compline** of the year at **6:30 p.m.**

Wednesday, April 13 — Join us at **6:30 p.m. for the Presanctified Liturgy**. Fast from all food and drink from *at least* noon in preparation for Holy Communion. Bring one Lenten item to share for a potluck after Liturgy. A short spiritual discussion will follow.

Friday, April 15 — Little Compline with the **Canon of Lazarus** at **6:30 p.m.**

Lazarus Saturday, April 16 — *See Holy Week Schedule.*

Palm Sunday, April 17 — *See Holy Week Schedule.*

Food for Hungry People

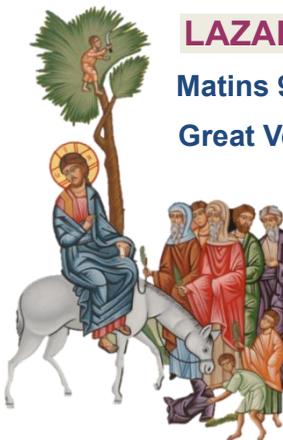
As we fast, we always need to remember the poor. Please take a Food for Hungry People offering box from the narthex, and make it a practice to put something into it as you sit down for every meal.

Bring back your filled boxes on Palm Sunday. If you didn't use a box, you may also make donations, earmarking them "FFHP."



HOLY WEEK & PASCHA 2022

St. Nicholas Cathedral • Los Angeles



LAZARUS SATURDAY • APRIL 16

Matins 9 AM • Divine Liturgy, 10 AM

Great Vespers, 5 PM • Confessions Follow

Jesus' raising Lazarus from the dead shows He can raise all mankind. *Please also join us for lunch after Liturgy, and help us prepare for the Feast by preparing and decorating the Lord's house.*

PALM SUNDAY • APRIL 17

Matins, 7:45 AM • Divine Liturgy, 9:00 AM ~AND~ 11:00 AM

We celebrate the triumphant entry of our Lord into Jerusalem, to face his voluntary death. "We like the children carry the palms of victory," in Procession. Adults and children may also bring decorated candles. *To accommodate the large number of worshippers, we will have two liturgies this day. Join us at either 9 am or 11 am. There will be a procession, coffee hour and pre-holiday bake sale after each liturgy.*

PALM SUNDAY EVENING • APRIL 17

Bridegroom Matins, 6:30 PM

The Procession with the icon of Christ, the Bridegroom of the Church, takes place, and we remember the righteousness of Joseph who, like Christ, suffered unjustly with patience and was exalted.



GREAT MONDAY • APRIL 18

Presanctified Liturgy, 10 AM • Bridegroom Matins, 6:30 PM

We remember the example of the ten virgins waiting for the Bridegroom.

GREAT TUESDAY • APRIL 19

Presanctified Liturgy, 10 AM • Bridegroom Matins, 6:30 PM

We remember the woman who anointed the head and feet of our Lord, wiping them with her hair, in contrast with Judas and his betrayal of Christ. The Hymn of Kassiane expresses these contrasts with profound poetry and majesty.

GREAT WEDNESDAY • APRIL 20

Presanctified Liturgy, 10 AM • Sacrament of Holy Unction, 6:30 PM

We are anointed for healing of soul and body as Christ was anointed in anticipation of his burial.

GREAT THURSDAY MORNING • APRIL 21

Liturgy of St. Basil, 10 AM

On this day, when Jesus first said to his disciples, “Take, eat; this is my Body,” Orthodox Christians make it a point to participate in Holy Communion. *Following the Liturgy, we will perform the rite of the Footwashing with the Church School. A Communion breakfast follows.*

GREAT THURSDAY EVENING • APRIL 21

Matins with the Twelve Passion Gospels, 6:30 PM

We walk with our Lord through the Passion. A procession with the Cross commemorates Christ's voluntary Crucifixion.

GREAT FRIDAY • APRIL 22

Royal Hours, 10 AM • Un-nailing Vespers, 3 PM

We try to spend this day in Church, heeding our Lord's words to “watch and pray.” At Vespers, Christ is taken down from the Cross and placed in the decorated tomb.

GREAT FRIDAY EVENING • APRIL 22

Matins of Christ's Funeral, 6:30 PM

We join Joseph of Arimathea, Nicodemus and the Myrrh-bearing Women to sing in Praise of the buried Christ, and we process with the Bier and passing under it as if joining Christ in the tomb.

GREAT SATURDAY MORNING • APRIL 23

Liturgy of St. Basil, 10 AM

As we keep vigil, the Victory of Christ over death and his Resurrection ‘explode’ with throwing of the leaves of victory. *Please bring your children to this service.*



THE RESURRECTION • SATURDAY, APRIL 23 / SUNDAY, APRIL 24

RUSH/MATINS/LITURGY, 11 PM

We receive the new Light and the Good News that “Christ is Risen.”
Will bless reg eggs, and you may also bring Easter Baskets to be blessed. An Agape Breakfast will follow.



AGAPE VESPERS • SUNDAY, APRIL 24

Love Vespers, 1 PM

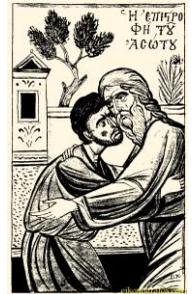
The Good News (Gospel) of the Resurrection will be proclaimed in as many languages as possible. A sign-up list will be posted during Holy Week for you to read any language you know (we might have the text available, if you don't).

WHY DO WE GO TO CONFESSION?

The Apostle and Evangelist John writes:

"IF WE SAY WE HAVE NO SIN, WE DECEIVE OURSELVES, AND THE TRUTH IS NOT IN US. IF WE CONFESS OUR SINS, HE IS FAITHFUL AND JUST TO FORGIVE US OUR SINS..." (1 John 1:6-10)

***Everyone** should make a confession at least once during Lent. A priest will be available after Saturday Vespers and during Sunday matins, or you can make an appointment for some other day and time.*



THE PALM SUNDAY BAKE SALE AND COFFEE HOUR

will be held on Palm Sunday, April 17, inside the Heritage Ballroom, after the Palm Sunday Liturgy. Everyone is invited to place their pre-orders or shop after Liturgy. Be sure to get all your favorite sweets and treats! Ordering ahead is encouraged due to limited quantities.

The St. Nicholas Antiochian Women need help with baking and donations. Let us all help to make this a successful and delicious event to celebrate the special feast day. The Palm Sunday Bake Sale has always been one of the Cathedral's greatest traditions. Please contact Chairwoman Jacqui Badaro to contribute with either your delicious homemade sweets or to donate needed funds. Be sure to look for the special-order form in the Sunday bulletin, in the Antiochian Women Newsletter, on Facebook or on the St. Nicholas website (stnicholasla.org) for more information and to place your orders. Please place your orders ASAP, because all this good stuff goes fast! Jacqui's number is (626) 476-9070 and her email address is jmbadaro@hotmail.com.



Baked Goods Sale

Homemade by Our St. Nicholas
Cathedral's Ladies
Palm Sunday, April 17, 2022



Baked Goods	Pre-order	on Site Price	Qty	Total \$
Date Fingers	\$18.00 per dozen	\$20.00 per dozen		
Maamool Walnut	\$18.00 per dozen	\$20.00 per dozen		
Maamool Pistachio	\$18.00 per dozen	\$20.00 per dozen		
Maamool Date	\$18.00 per dozen	\$20.00 per dozen		
Macaroons	\$12.00 per dozen	\$20.00 per dozen		
Baklawa Fingers	\$16.00 per lb.	\$18.00 per lb.		
Baklawa	\$16.00 per lb.	\$18.00 per lb.		
Ka'ak	\$14.00 per dozen	\$16.00 per dozen		
Ghraibie	\$15.00 per dozen	\$17.00 per dozen		
Namoorra	\$12.00 per lb.	\$14.00 per lb.		
Spinach Fatayer	\$16.00 per dozen	\$18.00 per dozen		
Meat Fatayar	\$18.00 per dozen	\$20.00 per dozen		
Zaatar	\$11.00 per 6 pieces			
Cheese Pies	\$16.00 per dozen	\$18.00 per dozen		
Kibbeh Balls	\$20.00 per dozen	\$20.00 per dozen		
	TOTAL AMOUNT DUE:			

All preorders are due by Sunday, April 10, 2022.

Ordered By: _____

Phone (____) _____

Check # _____ Cash \$: _____ Total \$: _____

PLEASE JOIN US FOR....
A BREAKFAST OF LOVE



AS WE CELEBRATE THE RISEN CHRIST

Saturday Night, April 23, 2022

Immediately Following Paschal Liturgy

\$8.00 per Person

**ALL PROCEEDS BENEFIT THE ARCHDIOCESE
FOOD FOR HUNGRY PROGRAM**

Donations Accepted

Please Contact Ed Malouf 310-923-4347

"Let no one go away hungry!"

If you can't afford it, just see Fr. Nabil, Fr. Andrew or Fr. Paul privately, and we'll get you complimentary tickets. We just want our whole Cathedral family together for this Love Feast.



DIocese of Los Angeles AND THE WEST CAMPING PROGRAM

CAMP ST. NICHOLAS



Announcing Summer Camp 2022

"Let the children come to me, and do not hinder them; for to such belongs the kingdom of heaven." (Matthew 19:14)

We return to our regular three session format in 2022. Camp dates are:

Week 1: July 10 - 16
2nd Grade - 12th Grade

Week 2: July 17 - July 23
7th Grade - 12th Grade

Week 3: July 24 - July 30
2nd Grade - 12th Grade

Tuition: \$600 (\$75 deposit due at time of Registration)

Busses: \$40 each way - if desired (from St Luke and St Nicholas Parking Lots)

Make checks payable to St. Nicholas Cathedral Ladies Society

Registration is open, and there's still room in each session. Register online at

www.campstnicholas.com/site/home

*St. Nicholas Cathedral will pay **half** the cost for all campers who are members of the Cathedral. If you need additional financial assistance, please submit the form available to you when you register or ask Fr. Nabil privately. While scholarships are being worked out, please pay the \$75 deposit to secure your spot at camp.*



CONCERNING THE SITUATION IN UKRAINE

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

As millions displaced from their homes seek safety across Ukraine and in neighboring countries, **IOCC's response is underway**. Right now, we're serving refugees in Romania, Poland, and Moldova—in addition to reaching people within Ukraine itself with emergency supplies and other assistance. And IOCC's multinational, multipronged response will continue reaching people in need **for the long term**.

With IOCC's initial assessment teams back in the US and permanent staff now on the ground, we can report that the needs are huge. This is why we need to **double our private fund-raising goal to \$3 million**.

Please continue to support this drive as you can.

GIVE NOW directly to IOCC at www.iocc.org, or you can make checks payable to St. Nicholas Cathedral, and we will convey your generosity to IOCC.

STEWARDSHIP: EXPRESSING OUR LOVE FOR GOD

Jesus "saw a poor widow put in two copper coins. And He said, 'Truly I tell you, this poor widow has put in more than all of them; for they all contributed out of their abundance, but she out of her poverty put in all the living that she had.'"
(Luke 21.2-4)



Thanks, and blessings on all who already stepped up and made their stewardship commitments for 2022!

If you haven't done so yet, we ask you to consider prayerfully your stewardship commitment for this year. Please place your pledge card in the collection basket, in the offering box at the candle stand, or return it by mail.

Regular Stewardship Pledge for 2022	
2500 W. 3rd Street • Los Angeles, CA 90087	
I/we pledge to St. Nicholas Sathorian Orthodox Cathedral a reasonable and fair share of the blessings received from God as a token of thanksgiving and in support for His Holy Church.	
Name(s) _____ Address _____	
City _____ State _____ Zip _____ Phone _____	
<input type="checkbox"/> Renew my pledge at <input type="checkbox"/> the same level, or increase it by: <input type="checkbox"/> 5% <input type="checkbox"/> 10% <input type="checkbox"/> 15% <input type="checkbox"/> 20% from last year	
<input type="checkbox"/> Start with a fresh pledge: \$ _____ per <input type="checkbox"/> week <input type="checkbox"/> month <input type="checkbox"/> year	
<input type="checkbox"/> Giving by Check/Cash/Stock, etc.	
<input type="checkbox"/> Giving by Bank Draft <i>Please include voided check if available</i>	
Routing # _____ Account # _____	
<input type="checkbox"/> Giving by Credit/Debit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> Discover: _____	
Name as on Card _____ # _____ Expiration _____ / _____ Billing Zip _____	
Signature _____ Date _____ Email _____ <input type="checkbox"/> Keep my name accurate (inserts are never submitted)	

You will find extra pledge cards in the narthex. (They look like the facsimile at right.) You can even enter your pledge as a recurring donation online yourself at stnicholasla.org/contributions

SUPPORTING OUR NEWEST MISSION

The Church of the Theotokos of the Lifegiving Spring is the newest mission in the Diocese of Los Angeles and the West, serving the community in Bakersfield, CA. Pastored by Fr. Paul Marji, they need your help to raise funds for a down payment on property for our church. They have found a property at 4415 Wilson Road, and they need to raise \$175,000 or 20% of the purchase price by the end of 2022. As of a few weeks ago, they have raised \$9,325.06.

Your help is critical to spread Orthodoxy to 1st and 2nd generation Jordanian, Syrian, Egyptian, Armenian, Iraqi, Lebanese, Greek, Palestinian, Russian, Romanian and Baltics parishioners who have made Bakersfield their new home.

How can you help?

- Attend our fundraiser dinner Saturday May 7, 2022, at St. Nicholas Cathedral after Great Vespers in the Heritage Ballroom
 - \$100 Donation
 - Call or text Danny Andrews to reserve your tickets (661) 331-0723
- Donate on line at www.virginmarybakersfield.org using the donation page Select Building Fund when making your donation.

INTRODUCTION TO THE SACRAMENT OF CONFESSION / RENEWAL / PENANCE *



The sacrament of penance is our formal act of reconciliation with God in the Church when sin has severed us from the Church's life. Because penance is the way to communion with God when that communion has been broken by sin, it is often referred to in Church Tradition as the renewal of baptism, or as the reestablishment of that condition of life with God which was given to men in the basic sacraments of inauguration into the Christian life.

Not every sin requires the necessity of formal penance through sacramental ritual. This is obvious because Christians are never completely without sin. Certain grave sins or the prolonged separation from Holy Communion, however, do call for the act of sacramental penance. Also, Christians living in communion with Christ are expected to make use of this sacrament periodically in order to humble themselves consciously before God and to receive guidance in the Christian life from their pastor in the Church. It is the teaching of the Orthodox Church that sacramental penance is necessary for those receiving Holy Communion when they have committed grave sins or when they have been separated from the eucharist for a long time.

The sacrament of penance exists in the Church to allow for the repentance and reconversion of Christians who have fallen away from the life of faith. There are three main elements to the act of formal penance. The first is a sincere sorrow for sins and for the breaking of communion with God. The second is an open and heartfelt confession of sins. At one time this confession was done publicly before all men in the midst of the Church, but in recent times it is usually done only in the presence of the pastor of the Church who stands in behalf of all. The third element of penance is the formal prayer of absolution through which the forgiveness of God through Christ is sacramentally bestowed upon the repentant sinner.

*From "The Orthodox Faith" Volume II; by Protopresbyter +Thomas Hopko

CATHEDRAL PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

LIVING

George and **Andrea** Rafeedie, home, 5/18
Kh. Patricia Romley, 5/11
Dorothy Nicholas, home, 5/4
 Newborn **Ava** Hourani, hospital, 5/4
Dale Nicola, home, 5/3
Abdullah Matar, home, 4/26
Denise Naccache, home, 4/25
Juliet Abdoush, rehab., 4/23
Gerald Nader, home, 4/17
Natalie Ann Waimrin, home, 4/15
Abdo Hanna, home, 4/11
Russ Olson, Fr. Paul's brother, 5/16
Daniela Salinas and family, goddaughter of Fr. Paul and Kh. Laurie Olson, 5/9
Genevieve Vine, child from Indiana, 5/11
Ronald Davis Sr., Kh. Ruth Andrews' father, 5/8
Marianna Gantus Thomas, former member of St. Nichoas, 5/1
Connor Capata, Julian and Shirley's grandson, 4/19
All those suffering from illness, violence and want in this country, in Ukraine and everywhere

DEPARTED

Melveen Fadoul, 4/18
Forjini Michel, 4/10
Nefali Salinas, child of Fr. Paul and Kh. Laurie Olson's goddaughter, 5/9
Margaret Kort, aunt of Alex Kort and Rima Kurt, 4/12
Victims of the pandemic and of violence in Ukraine and everywhere

ST. NICHOLAS CATHEDRAL CALENDAR

April 2022

Sun. 10	<p>5th Sunday of Lent: St. Mary of Egypt Spanish Mission Liturgy, 7:45 am <ul style="list-style-type: none"> • Fellowship and Bible Study Matins, 9:15 am Divine Liturgy, 10:30 am <ul style="list-style-type: none"> • Church School • Coffee Hour • Choir meeting </p>
Mon. 11	<p>Great Compline, 6:30 pm</p>
Tue. 12	<p>Choir practice, 6:30 pm</p>
Wed. 13	<p>Presanctified Liturgy, 6:30 pm <ul style="list-style-type: none"> • Potluck dinner • Discussion </p>
Thu. 14	<p>Ladies Preparing for Bake Sale, 9 am</p>
Fri. 15	<p>Little Compline with the Canon of the Raising of Lazarus, 6:30 pm</p>
Sat. 16	<p>Lazarus Saturday Matins, 9 am Divine Liturgy, 10 am <ul style="list-style-type: none"> • Lunch • Polishing and Decorating Great Vespers and Confession, 6 pm</p>
Sun. 17	<p>Palm Sunday Matins, 7:45 am Divine Liturgy, 9 am <ul style="list-style-type: none"> • Procession • Bake Sale Divine Liturgy, 11 am <ul style="list-style-type: none"> • Procession • Bake Sale Bridegroom Matins, 6:30 pm</p>

SEE THE FULL CALENDAR and latest additions and updates at stnicholasla.org/parishcalendar