



St. Nicholas Orthodox Cathedral

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Diocese of Los Angeles and the West

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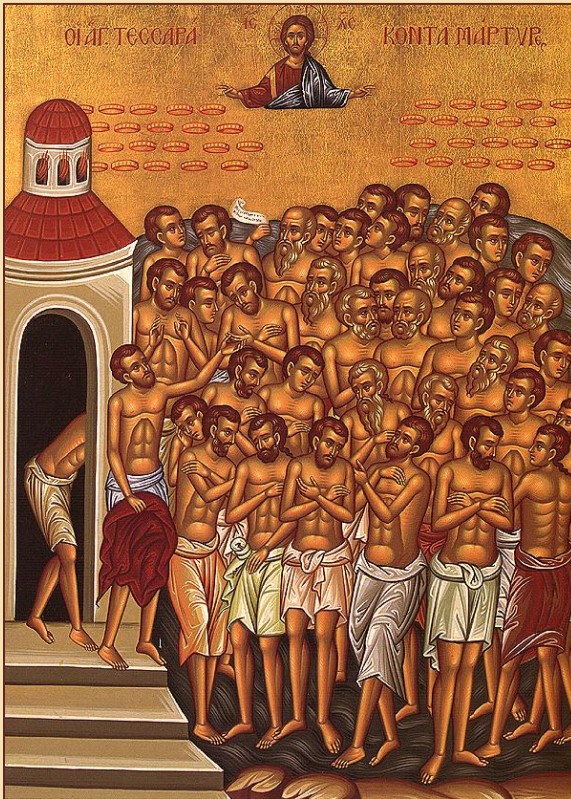
TONE 4

MARCH 9, 2025

EOTHINON 4

1ST SUNDAY OF THE GREAT FAST • SUNDAY OF ORTHODOXY

THE HOLY AND GREAT FORTY MARTYRS OF SEBASTIA



الأخذ الأول من الصوم الكبير
(أحد الأورثذكسية)

تذكار القديسين الأربعين المستشهدين في سبسطية

These holy Martyrs, who came from various lands, were all soldiers under the same general. Taken into custody for their faith in Christ, and at first interrogated by cruel means, they were then stripped of their clothing and cast onto the frozen lake which is at Sebastia of Pontus, at a time when the harsh and freezing weather was at its worst. They endured the whole night naked in such circumstances, encouraging one another to be patient until the end. He that guarded them, named Aglaius, who was commanded to receive any of them that might deny Christ, had a vision in which he saw heavenly powers distributing crowns to all of the Martyrs, except one, who soon after abandoned the contest. Seeing this, Aglaius professed himself a Christian and joined the Martyrs on the lake, and the number of forty remained complete. Thus they finished the good course of martyrdom in 320.

LITURGY VARIATIONS

FIRST ANTIPHON (PSALMS 92.1-2; 105.2; 106.2 LXX)

The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength.

الرَّبُّ قَدْ مَلَكَ، وَالْجَلَالَ لَبَسَ. لَبَسَ الرَّبُّ الْقُوَّةَ وَمَنْطَقَ بِهَا.
اللازمة: بِشَفَاعَاتِ وَالِدَةِ الْإِلَه، يَا مُخَلِّصُ خَلِّصْنَا.

Refrain: Through the intercessions of the Theotokos, Savior, save us.

Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM Confession: After Saturday Vespers
Divine Liturgy, 10:30 AM During Sunday Matins
Saturdays: Great Vespers, 6:00 PM Or by Appointment



See Calendar for Fast Days and Other Weekday Services Scheduled

Please turn cell phones off!

Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

نظام المناولة المقدسة

يجب على أعضاء الكنيسة الأرثوذكسية من سن السابعة وما فوق، الاستعداد للمناولة المقدسة باعتراف حديث والصلاة والصوم عن جميع الأطعمة والمشروبات من منتصف الليل (ما لم تكن هناك موانع طبية)، والتواجد في الكنيسة قبل قراءات الرسالة والإنجيل، وأن يكونوا في سلام مع الجميع.

TEACHERS THEN CHILDREN going to church school should come down the center aisle first. (Small children may need to be assisted by their parents.)

ALL OTHERS should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

ترحيب حار بضيوفنا

نحن سعداء لأنكم تشاركون معنا في الصلاة. يرجى ملاحظة أن المشاركة في المناولة المقدسة تقتصر على أعضاء الكنيسة الأرثوذكسية الذين استعدوا أيضا بالصلاة والصوم والاعتراف الحديث.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

For He has established the world so sure
that it shall never be moved. **Refrain**

لَأَنَّهُ ثَبَّتَ الْمَسْكُونَةَ فَلَا تَتَزَعَّجُ **اللازمة**.

Who can utter the mighty acts of the Lord?
Who can cause all His praises to be heard?
Refrain

مَنْ ذَا الَّذِي يُحَدِّثُ عَنْ عِظَائِمِ الرَّبِّ؟ مَنْ ذَا الَّذِي يُحَيِّرُ
بِجَمِيعِ مَدَائِحِهِ؟ **اللازمة**

Let the redeemed of the Lord say so, whom
He hath redeemed from the hand of the
enemy. **Refrain**

لِيُقِيْلَ هَذَا مَقْدِيئُو الرَّبِّ الَّذِينَ افْتَدَاهُمْ مِنْ أَيْدِي
الْأَعْدَاءِ. **اللازمة**

Glory..., Now.... **Refrain**

الْحَمْدُ ... الْآنَ وَكُلَّ أَوَانٍ ... **اللازمة**

SECOND ANTIPHON (PSALMS 106.8, 32; 32.18; 101.20 LXX)

Let them praise the Lord for His mercies,
and for His wonderful works to the children
of men.

فَلِيَقْرُوا لِلرَّبِّ بِمِرْاحِهِ وَبِعِجَائِبِهِ لِيَنِي الْبَشَرِ.

Refrain: Save us, O Son of God, *Who art
risen from the dead*, who sing to Thee:
Alleluia.

اللازمة: خَلِّصْنَا يَا ابْنَ اللَّهِ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ،
لِنُرْتِّلَ لَكَ. هَلِّلُويا.

Let them exalt Him in the congregation of
the people, and praise Him in the seat of the
elders. **Refrain**

لِيُعْظِمُوهُ فِي مَجْمَعِ الشُّعُوبِ وَلِيُسَبِّحُوهُ فِي مَجْلِسِ
الشُّيُوخِ. **اللازمة**

The eyes of the Lord are upon them that
fear Him, upon them that hope in His mercy.
Refrain

هَا إِنَّ عَيْنَيِ الرَّبِّ إِلَى الَّذِينَ يَخَافُونَهُ، الَّذِينَ يَتَوَكَّلُونَ عَلَى
رَحْمَتِهِ. **اللازمة**

To hear the groaning of the prisoners, to
loose the sons of the slain. **Refrain**

لِيَسْمَعَ أَنْيْنَ الْمُعْتَقَلِينَ وَيَقْلِكَ أَبْنَاءَ الْمَاتِيَتِينَ. **اللازمة**

Glory..., Now.... O only-begotten Son....

الْحَمْدُ ... الْآنَ وَكُلَّ أَوَانٍ ... يَا كَلِمَةَ اللَّهِ....

THIRD ANTIPHON (PSALMS 68.39; 117.24; 107.3 LXX): TROPARION OF THE 1ST SUNDAY OF LENT AS REFRAIN (TONE 2)

Let the heavens and the earth praise Him.

لِتُسَبِّحَهُ السَّمَاوَاتُ وَالْأَرْضُ.

Refrain: Thy pure image do we venerate, O
good One, asking forgiveness of our sins, O
Christ our God; for by Thine own good will
Thou didst ascend the Cross in Thy body, to

اللازمة: لِيُصَوِّرَكَ الطَّاهِرَةَ نَسْجُدُ أَثْمًا الصَّالِحِ، طَالِبِينَ
عُفْرَانَ الْخَطَايَا، أَثْمًا الْمَسِيحِ إلهْنَا، لِأَنَّكَ قَبِلْتَ أَنْ تَرْتَفِعَ

save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to Thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

This is the day which the Lord hath made; let us rejoice and be glad in it. **Refrain**

O Lord my God, I will give thanks unto Thee forever. **Refrain**

بِالْحَسَدِ عَلَى الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ الَّذِينَ خَلَقْتَ مِنْ
عُبُودِيَّةِ الْعَدُوِّ. لِذَلِكَ تَهْتَفُ إِلَيْكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الْكُلَّ
فَرِحاً يَا مُخَلِّصَنَا، إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

هَذَا هُوَ الْيَوْمُ الَّذِي صَنَعَهُ الرَّبُّ فَلْتَهْتَلِلْ وَلْتَفْرَحْ بِهِ.

اللازمة

أَيُّهَا الرَّبُّ إِلَهِي أَيَّاكَ أَحْمَدُ إِلَى الْأَبَدِ. **اللازمة**

APOLYTIKIA AFTER THE ENTRANCE

Troparion of the Resurrection (Tone 4)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

إِنَّ تَلْمِيزَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَّزِ بِالْقِيَامَةِ الْبَهِيحِ،
وَوَطَّرَحْنَ الْقَضَاءَ الْجَدِيَّ، وَخَاطَبْنَ الرُّسُلَ مُفْتَنِّخِرَاتٍ وَقَائِلَاتٍ:
سُبِّ الْمَوْتُ وَقَامَ الْمَسِيحُ الْإِلَهُ، وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

Troparion of the 1st Sunday of Lent (Tone 2)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own good will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to Thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

لِصُورَتِكَ الطَّاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرَانَ
الْحَطَايَا، أَيُّهَا الْمَسِيحُ إِلَهُنَا، لِأَنَّكَ قَبِلْتَ أَنْ تَرْتَفِعَ بِالْحَسَدِ
عَلَى الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ الَّذِينَ خَلَقْتَ مِنْ عُبُودِيَّةِ
الْعَدُوِّ. لِذَلِكَ تَهْتَفُ إِلَيْكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الْكُلَّ فَرِحاً يَا
مُخَلِّصَنَا، إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

Troparion of St. Raphael (Tone 3)

Rejoice, O Father Raphael, Adornment of the holy Church. Thou art Champion of the true Faith, Seeker of the lost, Consolation of the oppressed, Father to orphans and Friend of

يَا مُحَارِباً عَنِ الْإِيمَانِ، وَمُعَرِّباً مَنْ فِي الْأَحْزَانِ، وَأَبَا الْإِيْتَامِ،
وَصَدِيقَ الْفُقَرَاءِ. الرَّاعِي الصَّالِحَ الْمَفْتَقِدَ الضَّالِّينَ، يَا رَفَائِيلُ،

the poor, Peacemaker and good Shepherd,
Joy of all the Orthodox, Son of Antioch, Boast
of America. Intercede with Christ God for us
and for all who honor Thee.

يا فخر الأرثوذكسين. إبن أنطاكيا، وفخر أميركا ابتهل إلى
المسيح من أجل مكرميك.

Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to
your flock, a rule of faith, an icon of mild-
ness, and teacher of abstinence, O Father
Bishop Nicholas; wherefore by humility you
have achieved exaltation and by poverty
richness. Intercede with Christ our God to
save our souls.

لقد أظهرتك أفعال الحق لرعييتك قانوناً للإيمان، وصورة
للوداعة، ومعلماً للإمسك، أيتها الأب ورئيس الكهنة
نيقولاوس. فلذلك أحرزت بالتواضع الرفعة، وبالمسكنة
الغنى. فتشفع إلى المسيح الإله أن يخلص نفوسنا.

Kontakion of the Annunciation (Tone 8)

O victorious Leader of triumphant hosts, we
your servants, who have been delivered
from danger, sing our grateful thanks to you,
O Theotokos. As you have power, which is
invincible, set us free from every danger that
we may cry out to you: Rejoice, O unwedded
Bride!

إني أنا عبدك يا والدة الإله، أكتب لك رايات العلبة، يا
جندية محامية، وأقدم لك الشكر كمنقذة من الشدائد، لكن
بما أن لك العزة التي لا تحارب أعطيني من صنوف الشدائد
حتى أصرخ إليك: إفرحي يا عروساً لا عروساً لها.

THE SCRIPTURE LESSONS

Prokeimenon (Psalm 11.7, 1 LXX; Tone 8)

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for there is no longer
any that is godly.

From St. Paul's Epistle to the Hebrews (12.1-10; Forty Martyrs of Sebastia)

BRETHREN, since we are surrounded by so
great a cloud of witnesses, let us also lay
aside every weight and sin which clings so
closely; and let us run with perseverance the
race that is set before us, looking to Jesus:
the Pioneer and Perfecter of our faith, Who

بروكيمنون (مزمو ١١,٧ سب.؛ اللحن ٨)

أنت يا رب تحفظنا وتسنننا من هذا الجيل.

خلصني يا رب، فإن البار قد فني.

فصل من رسالة القديس بولس الرسول إلى العبرانيين

(١٢-١٠؛ للشهداء الأربعين في سبسطية)

يا إخوة، لذلك نحن أيضاً إذ لنا سحابة من الشهود مقدار

هذه محيطتنا بنا، لنطرح كل ثقل، والحطية المحيطة بنا
بسهولة، ولنحاضر بالصبر في الجهاد الموضوع أمامنا،

for the joy that was set before Him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

Consider Him Who endured from sinners such hostility against Himself, so that you may not grow weary or fainthearted. In your struggle against sin, you have not yet resisted to the point of shedding your blood. And have you forgotten the exhortation which addresses you as sons? "My son: do not regard lightly the discipline of the Lord, nor lose courage when you are punished by Him; for the Lord disciplines him whom He loves, and chastises every son whom He receives." It is for discipline that you have to endure. God is treating you as sons; for what son is there whom his father does not discipline? If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. Besides this, we have had earthly fathers to discipline us, and we respected them. Shall we not much more be subject to the Father of spirits, and live? For they disciplined us for a short time at their pleasure, but He disciplines us for our good, that we may share his holiness.

Holy Gospel according to St. John (1.43-51; First Sunday of Lent)

AT THAT TIME, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no

ناظِرِينَ إِلَى رَئِيسِ الْإِيمَانِ وَمُكْتَلِبِهِ يَسُوعَ، الَّذِي مِنْ أَجْلِ الشُّرُورِ الْمَوْضُوعِ أَمَامَهُ، احْتَمَلَ الصَّلِيبَ مُسْتَهِينًا بِالْحَزِي، فَجَلَسَ فِي يَمِينِ عَرْشِ اللَّهِ.

فَتَفَكَّرُوا فِي الَّذِي احْتَمَلَ مِنَ الْخَطَاةِ مُقَاوِمَةً لِنَفْسِهِ مِثْلَ هَذِهِ لِقَالِ تَكَلُّوا وَتَحَوُّرُوا فِي نُفُوسِكُمْ. لَمْ تُقَاوِمُوا بَعْدَ حَتَّى الدَّمِ مُجَاهِدِينَ ضِدَّ الْخَطِيئَةِ، وَقَدْ نَسِيتُمْ الْوَعْظَ الَّذِي يُحَاطِبُكُمْ كَبِينِينَ: «يَا ابْنِي لَا تَحْتَقِرْ تَأْدِيبَ الرَّبِّ، وَلَا تَحْزِنْ إِذَا وَتَحَكَّ. لِأَنَّ الَّذِي يُحِبُّهُ الرَّبُّ يُؤَدِّبُهُ، وَيَجْلِدُ كُلَّ ابْنٍ يَقْبَلُهُ». إِنْ كُنْتُمْ تَحْتَمِلُونَ التَّأْدِيبَ يُعَامِلُكُمْ اللَّهُ كَالْبَنِينَ. فَأَيُّ ابْنٍ لَا يُؤَدِّبُهُ أَبُوهُ؟ وَلَكِنْ إِنْ كُنْتُمْ بِلَا تَأْدِيبٍ قَدْ صَارَ الْجَمِيعُ شُرَكَاءَ فِيهِ، فَأَنْتُمْ نَعُولٌ لَا بَنُونَ. ثُمَّ قَدْ كَانَ لَنَا آبَاءٌ أَجْسَادِنَا مُؤَدِّبِينَ، وَكُنَّا هَاهُنَا. أَفَلَا نَخْضَعُ بِالْأُولَى جِدًّا لِأَيِّ الْأَرْوَاحِ، فَنَحْيَا؟ لِأَنَّ أَوْلَئِكَ أَذْبُونَا أَيَّامًا قَلِيلَةً حَسَبَ اسْتِحْسَانِهِمْ، وَأَمَّا هَذَا فَلْأَجْلِ الْمَنْفَعَةِ، لِكَيْ نَشْتَرِكَ فِي قَدَاسَتِهِ.

مِنْ بَشَارَةِ الْقَدِيسِ يُوْحَنَّا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ (١٤٣-١٤٤؛ أول أحد من الصوم)

فِي ذَلِكَ الزَّمَانِ، أَرَادَ يَسُوعُ الْخُرُوجَ إِلَى الْجَلِيلِ فَوَجَدَ فِيلِبُّسَ فَقَالَ لَهُ: اتَّبِعْنِي. وَكَانَ فِيلِبُّسُ مِنْ بَيْتِ صَبْدَا مِنْ مَدِينَةِ أَنْدَرَاوسَ وَبَطْرُسَ. فَوَجَدَ فِيلِبُّسُ نَثْنَائِيلَ، فَقَالَ لَهُ: إِنَّ الَّذِي كَتَبَ عَنْهُ مُوسَى فِي التَّامُوسِ وَالْأَنْبِيَاءِ قَدْ وَجَدْنَاهُ، وَهُوَ يَسُوعُ بْنُ يَوْسُفَ الَّذِي مِنَ النَّاصِرَةِ. فَقَالَ لَهُ نَثْنَائِيلُ: أَمِنْ النَّاصِرَةِ يُمْكِنُ أَنْ يَكُونَ شَيْءٌ صَالِحٌ؟ فَقَالَ لَهُ فِيلِبُّسُ: تَعَالَ

guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of Man."

وَأَنْظُرُ. فَرَأَى يَسُوعُ نَثْنَائِيلَ مُقْبِلًا إِلَيْهِ، فَقَالَ عَنْهُ: هُوَذَا إِسْرَائِيلِيُّ حَقًّا لَا غِشَّ فِيهِ. فَقَالَ لَهُ نَثْنَائِيلُ: مِنْ أَيْنَ تَعْرِفُنِي؟ أَجَابَ يَسُوعُ، وَقَالَ لَهُ: قَبْلَ أَنْ يَدْعُوكَ فِيلِيبُّسُ وَأَنْتَ تَحْتَ التَّيْنَةِ رَأَيْتُكَ. أَجَابَ نَثْنَائِيلُ وَقَالَ لَهُ: يَا مُعَلِّمُ، أَنْتَ ابْنُ اللَّهِ، أَنْتَ مَلِكُ إِسْرَائِيلَ. أَجَابَ يَسُوعُ وَقَالَ لَهُ: لِأَنِّي قُلْتُ لَكَ لِي رَأَيْتُكَ تَحْتَ التَّيْنَةِ آمَنْتَ؟ إِنَّكَ سَتُعَاجِنُ أَعْظَمَ مِنْ هَذَا. وَقَالَ لَهُ: الْحَقُّ الْحَقُّ أَقُولُ لَكُمْ، إِنَّكُمْ مِنَ الْآنَ تَرَوْنَ السَّمَاءَ مَفْتُوحَةً، وَمَلَائِكَةُ اللَّهِ يَصْعَدُونَ وَيَنْزِلُونَ عَلَى ابْنِ الْبَشَرِ.

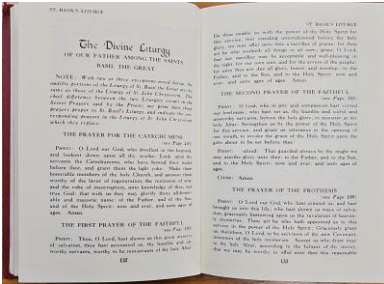
HOLY OBLATIONS AND PRAYER REQUESTS

Offered by	For the Health of	In Memory of
The Absi, Nahas, Sayegh and Sawabini families	Mary Rose, Abe, Maria, Sarkees John, Madeline, Zoe, Sarkees Michael, Sandra, Edward, Sophie, Charlotte, Noah, Leah, Rita, Ramzi, Alexander, Gabriella and Andrew	Michel Absi (father, 5-year memorial) and Marie Absi (grandmother)
Craig and Victoria Frank		Oleg Cheverdine (Victoria's father, 40-day memorial)
Dale and Robin Nicola and family		Parents Lester and Leereese Nicola and son Gregory (2 years departed)
Loris Lahham and family		Osama Lahham (son, 1-year memorial)
Ronald and Rose Samore	Their children and grandchildren	John Samore Sr.
George, Mariam, Mark, Antonio and Hend Bshara		
Ehab, Rania, Sami, Selena and Anthony Dahabreh	Hala Tadros (Rania's mother)	Hani Tadros (Rania's father) and Nawal Hawatmeh Dahabreh (Ehab's mother)

To offer Holy Oblations and Memorials please use the form at

<https://stnicholasla.com/makeapayerrequest> or call the Cathedral office by Wednesday.

WE SERVE THE LITURGY OF ST. BASIL TODAY

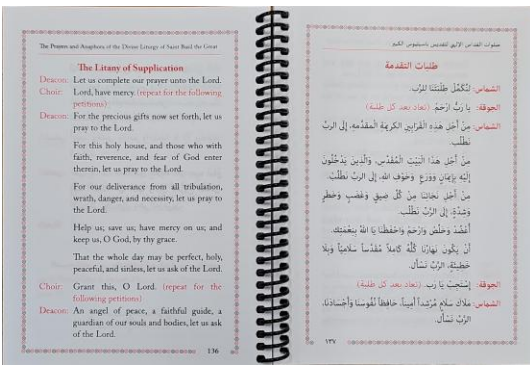
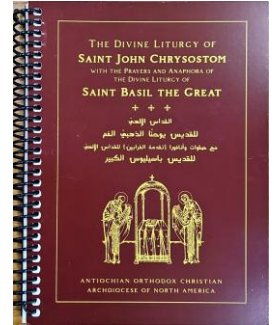


To follow the text of the service:

- If you're using the Archdiocese Service Book (all English, pictured at left), from the point where Father invites us, saying, "Let us give thanks unto the Lord," turn to the middle of page 134 in the brown hardback books to continue participating in the Prayer of the Anaphora.
- But, if you're following in the new, spiral-bound

English/Arabic book, immediately after the Great Entrance, turn to page 136.

As we only have a limited number of the bilingual books, we are keeping them at the candle stand. If you'd like to use one, help yourself, and just return it to the candle stand after the service.



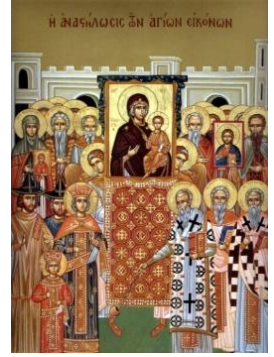
MEGALYNARION OF ST. BASIL'S LITURGY (TONE 8)

All of creation rejoiceth in thee, O thou who art full of grace: the angelic hosts and the race of men. O hallowed Temple and spiritual Paradise, Glory of virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body more spacious than the heavens. All creation rejoiceth in thee, O thou who art full of grace. Glory to thee.

إِنَّ الْبَرَايَا بِأَسْرِهِا، تَفْرَحُ بِكَ يَا مُتَمَلِّئَةً نِعْمَةً: مَحَافِلُ الْمَلَائِكَةِ، وَأَجْنَسَانِ الْبَشَرِ. أَيُّهَا الْهَيْكَلُ الْمُتَقَدِّسُ، وَالْفَرْدَوْسُ النَّاطِقُ، فَخِرُ الْبَتُولِيَّةِ مَرْيَمِ، الَّتِي مِنْهَا تَجَسَّدَ الْإِلَهُ، وَصَارَ طِفْلاً، وَهَوَّ إِلَهُنَا الَّذِي قَبْلَ الدَّهْوَرِ. لِأَنَّهُ صَنَعَ مُسْتَوْدَعَكَ عَرْشًا، وَجَعَلَ بَطْنِكَ أَرْحَبَ مِنَ السَّمَاوَاتِ. لِذَلِكَ يَا مُتَمَلِّئَةً نِعْمَةً، تَفْرَحُ بِكَ كُلُّ الْبَرَايَا وَتُتَمَجِّدُكَ.

ORDER FOR THE *ABBREVIATED* PROCESSION OF THE HOLY ICONS

Following “Blessed be the Name of the Lord...,” children will carry icons and join the clergy and acolytes in procession around the inside of the church. (*Church school students will leave after communion, as usual, to prepare for the procession.*)



1. We sing the Troparion of the First Sunday of Lent as we process around the church. (Tone 2)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own good will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to Thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

لِصُورَتِكَ الطَّاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرَانَ
الْحَطَايَا، أَيُّهَا الْمَسِيحُ إِهْنَا، لِأَنَّكَ قَبِلْتَ أَنْ تَرْتَفِعَ بِالْجَسَدِ
عَلَى الصَّلِيبِ طَوْعًا، لِتُنَجِّيَ الَّذِينَ خَلَقْتَ مِنْ غُيُودِيَّةِ
الْعَدُوِّ. لِذَلِكَ نَهْتِفُ إِلَيْكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الْكُلَّ فَرَحًا يَا
مُخَلِّصَنَا، إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

2. When the procession reaches the solea, all proclaim together the Synodikon of Orthodoxy (short form).

As the Prophets beheld, as the Apostles have taught, as the Church has received, as the teachers have dogmatized, as the Universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ awarded, thus we declare, thus we assert, thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices in churches, in Holy Icons; on the one hand worshipping and reverencing Christ as God and Lord, and on the other hand honoring as true

إِنَّا كَمَا عَايَنَ الْأَنْبِيَاءُ وَكَمَا عَلَّمَ الرُّسُلَ وَكَمَا تَسَلَّمَتِ
الْكَنِيسَةُ وَكَمَا اعْتَقَدَ الْمُعَلِّمُونَ وَكَمَا اتَّفَقَتْ آرَاءُ
الْمَسْكُونَةِ مَعًا وَكَمَا أَشْرَفَتِ النِّعْمَةُ وَكَمَا اتَّضَحَ الْحَقُّ
وَزَهَقَ الْكُذِبُ وَكَمَا اسْتَعْلَنَتِ الْحِكْمَةُ وَكَمَا جَادَ الْمَسِيحُ
بِالْجَوَائِزِ، هَكَذَا نَعْتَقِدُ وَهَكَذَا نَتَكَلَّمُ وَهَكَذَا نَكْرُرُ
مُنذِرِينَ بِالْمَسِيحِ إِهْنَا الْحَقِيقِيِّ وَنُكْرِمُ قَدِيسِيهِ بِالْأَقْوَالِ
وَالْكِتَابَاتِ وَالْأَفْكَارِ وَالذَّبَائِحِ وَالْهَيَاكِلِ وَالْأَيْقُونَاتِ. فَأَمَّا
الْمَسِيحُ فَنَسْجُدُ لَهُ كَسَيِّدٍ وَإِلِهِ وَنَعْبُدُهُ، وَأَمَّا الْقَدِيسُونَ
فَنُكْرِمُهُمْ لِأَجْلِ سَيِّدِ الْكُلِّ كَخَدَامٍ لَهُ أَحْصَاءَ وَنُقَدِّمُهُمْ
السُّجُودَ كَمَا يَلِيقُ.

servants of the same Lord of all, and accordingly offering them veneration.

(Louder) This is the Faith of the Apostles; this is the Faith of the Fathers; this is the Faith of the Orthodox; this is the Faith which has established the Universe.

(بصوت أعلى) هذا هو إيمان الرُّسُل. هذا هو إيمان الآباء. هذا هو إيمان المستقيمي الرأي. هذا هو الإيمان الذي ثَبَّتَ المسكونة.

3. Then we sing the Great Prokeimenon. (Psalm 76; Tone 7)

Deacon: The Great Prokeimenon:
Who is so great a god as our God? Thou alone art the God who dost wonders.

People: Who is so great a god as our God? Thou alone art the God who dost wonders.
أَيُّ إِلَهٍ عَظِيمٍ مِثْلَ إلهِنَا؟ أَنْتَ هُوَ اللهُ، الصَّانِعُ العَجَائِبِ وَحَدِّكَ.

Deacon: Thou hast made thy power known among the peoples; with thine arm Thou hast redeemed thy people.

People: Who is so great a god as our God? Thou alone art the God who dost wonders.

Deacon: And I said: Now have I made a beginning; this change hath been wrought by the right hand of the Most High.

People: Who is so great a god as our God? Thou alone art the God who dost wonders.

Deacon: I remembered the works of the Lord; for I will remember thy wonders from the beginning.

People: Who is so great a god as our God? Thou alone art the God who dost wonders.

All clergy: Who is so great a god as our God?

People: Thou alone art the God who dost wonders.

4. We then sing the Troparion of the First Sunday of Lent. (Tone 2)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own good will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to Thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

5. Then the dismissal.

His Eminence
The Most Reverend
Metropolitan SABA



Archbishop of New York
and Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Prot. no.: 071/2025

The Sunday of Orthodoxy
March 9, 2025

Venerable Hierarchs, Reverend Clergy, Esteemed Members of the Parish Councils,
and Beloved Faithful in Christ,

Greetings to you in the Name of Our Lord, God, and Savior, Jesus Christ!

I pray that all of you have been granted a good start to the Lenten journey over the course of the past week. As you continue your journey to Pascha, please be reminded of the beautiful words of one of the new saints of our Church, St. Porphyrios of Kafsokalyvia who said, “When people are empty of Christ, a thousand and one other things come and fill them up: jealousies, hatreds, boredom, melancholy, resentment, a worldly outlook, worldly pleasures. Try to fill your soul with Christ so that it’s not empty.” This holy season, more than any other, allows us to do just that if we immerse ourselves in prayer, fasting and almsgiving, maintaining the beautiful and time-proven traditions we have received over the centuries that edify our souls and bring us closer to God.

During our annual commemoration of the Sunday of Orthodoxy, we ask each parish to contribute towards the education and formation of our young men studying for the holy priesthood. As we celebrate today what is called the *Triumph of Orthodoxy*, we should be reminded that we have been given a precious inheritance – the “faith once and for all delivered to the saints” – through the struggles of our martyrs and ascetics, the devotion of our parents and grandparents, and the divinely enlightened writings of the Fathers. We, therefore, have a sacred responsibility to ensure the passing down of the “precious pearl” of Holy Orthodoxy to future generations as we have received it.

The young men who have answered the call to serve in the ranks of our clergy, as well as their wives and families, have sacrificially offered themselves to the Church to love and to serve Her people, and to work for the preservation of the very faith we celebrate today. I am blessed to meet and interact with them as often as my schedule allows. This is allowing me to come to know them intimately as a father knows his sons. As a result, this will help me to properly offer them to you when the time comes so that they might more fully offer themselves as shepherds of their future parishes.

Also, I want to acknowledge the following parishes for their contribution toward the hand-on training and the financial support offered to our seminarians: St. Anthony, Bergenfield; St. George, Allentown; St. George, Little Falls; St. George, Worcester; St. Ignatius, Florida; St. Mary, Brooklyn; St. Mary, Wilkes-Barre; St. Mary, Yonkers; St. Nicholas, Bridgeport; St. Nicholas, Brooklyn; St. Paul, Emmaus; St. Philip, Souderton; and St. Stephen, South Plainfield.

With that in mind, I ask all our faithful to generously donate towards the support of the seminarians and their families. This is a sacred responsibility for all of us to share, as they and their families will be sharing their lives and their love with us.

Wishing all of you a grace-filled and salvific journey to the Passion and Resurrection of our Lord, I remain,

Yours in the Service of Christ,



+SABA

Archbishop of New York and Metropolitan of all North America

NOTE: We are not asking you for any special collection. Please be aware that through the generosity of your regular pledges we are making a contribution from our Cathedral for the education of future clergy.



Also, the Archdiocese office clarified in an email subsequent to sending the letter above: "The parishes that were named in the letter are parishes that are actively participating in the field work, liturgical and pastoral formation of our future pastors. We are very thankful and grateful for the generosity of all our parishes for their continuous support of our seminarians."

His Eminence
The Most Reverend
Metropolitan SABA



Archbishop of New York
and Metropolitan of
All North America

**ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA**

Prot. no.: 023/2025

Great Lent, 2025

“In the midst of a very severe trial, their overflowing joy and their extreme poverty welled up in rich generosity. ³For I testify that they gave as much as they were able, and even beyond their ability.”
(2 Corinthians 8:2-3)

TO BE READ FROM THE PULPIT AND PRINTED IN THE BULLETIN

Beloved Hierarchs, Clergy, and Faithful of our Archdiocese,

Greetings in the name of our great God and Savior Jesus Christ!

During this holy season of Great Lent we are encouraged by the prompt of our Holy Church to be transformed into a “New Man” through repentance, which is the reformation and the changing of our way of life, attitude, and reaction to our daily surroundings and struggles.

The Holy Orthodox Church invites and encourages us to increase our daily prayers at our church community and at home. We are shown through the example of many luminary figures from the life of the Church how to break the bondage of our attachment to the hollow enticement of this world.

The “Journey” of Great Lent is a holy adventure of gaining more acute sensitivity in regard of reaching better detection of our sins, raising our sense of gratitude, and being more mindful of others’ needs, pain, and sufferings.

Every year new calamities strike in our midst, and we find more people that are in need to be comforted emotionally and physically. The Food for Hungry People Program is one of the ways that can bring hope to people by revealing to them that there are people who care about them even though they do not know who they are.

This program that has been inspired and effected for more than 50 years by the name and the power of Jesus Christ will continue to happen and transform lives through your generosity that stems from your Christian faith and love.

We encourage you to do as you have done in the past, to open your hearts and to extend a generous hand to those that are deprived and need your love. Comfort and encourage them by contributing to this program during this year’s Great Lent.

May the blessing of the Almighty God come upon you, all those who support this worthy effort, and all the recipients of its benefit who will see the face of Jesus Christ through your offering of love, care, and thoughtfulness.

With prayers for an edifying and enriching Great Lent and a glorious celebration of Pascha, I remain,

Yours in the Service of Christ,



+**SABA**

Archbishop of New York and Metropolitan of all North America

His Eminence
The Most Reverend
Metropolitan SABA

The Right Reverend
Bishop ANTHONY



Archbishop of New York and
Metropolitan of
All North America

Diocese of Los Angeles
And the West

March 9, 2025
First Day of the Great Fast

BISHOP ANTHONY'S LENTEN MEDITATION FOR 2025
TO BE READ IN CHURCH AND DISTRIBUTED TO THE FAITHFUL

The Lenten season gives meaning to the seasons of our lives. The prayers and services that frame time bring out the picture of each one of us. If we are aware of ourselves, especially at this time, the Lord will show us that the past—so vivid in our memories—has brought us into our present with all its blessings and disappointments. They are all arranged in graceful order for our future.

We should not wish to forget the hurt and trauma of life, those moments of soul wounds. Nor should we shelter away in the comfortable rooms of present happiness. We must go

on and encounter what seems uncertain and what we think will make us vulnerable. Let us have faith for tomorrow, not fear of the future.

Lent fortifies our faith.

Because God created us, and God is good, each of us wants to be and to do good. In this life-project, we want to give others our unique and distinctive gifts, in whatever form they come. We want our own goodness to contribute to the good creation and please our Lord.

We cannot do this alone, in isolation. We cannot do this as individuals, where we select who our friends are and who are not and how long we will befriend them. Self-centered lives get lost in temporary interludes of contentment.

The marvelous technology around us often seduces us into planning our own course in life. It results not in a give-and-take with others in community but in a willful taking from others what they can give. We fall away from the God who loves us and from the people who love us, and we get into the trap of self-love. If no one is with us, what is the object of loving?

Who we are, our special self, the “I” of “me” whom people love, is expressed in unity with my neighbor—all of my neighbors.

This life of mine, so often weighed down by living for myself and from myself and, so, by myself, has brought an epidemic of loneliness to the world.

The Lenten discipline gathers us to pray together, to receive holy Communion as the Body of Christ. *“So, if there is any encouragement in Christ, any incentive of love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being of one accord and of one mind”* (Phil. 2.1-2). *“There is one Body and one Spirit, just as you are called to one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all”* (Eph. 4.4-6).

Yours in Christ,


+Bishop ANTHONY

Bishop of Los Angeles
Antiochian Orthodox Christian Archdiocese of North America



ANNOUNCEMENTS

RECOGNIZING OUR LADIES

March is Women’s Month in the Archdiocese. During this month we ask our ladies to serve as ushers, readers, etc., in order to highlight the indispensable role our women have served throughout Christian history up to and including the present.

PLEASE JOIN US FOR FELLOWSHIP AFTER THE LITURGY



Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side/chapel area) doors, and join us in the Heritage Ballroom for refreshments.

- Coffee hour is hosted today by the Absi, Nahas, Sawabini and Sayegh families.

Upcoming Coffee Hour Schedule

Mar. 16	OPEN	Apr. 6	OPEN
Mar. 23	OPEN	Apr. 13	Palm Sunday bake sale
Mar. 30	OPEN		

Please consider sponsoring a Coffee Hour after Liturgy. Contact the Cathedral office or Joujou George at (562) 522-1322 or ginageorge@verizon.net to host a Sunday.

VOTE FOR CATHEDRAL COUNCIL TODAY

If you didn’t vote last Sunday, you can still do so today. Get your ballot, vote, and drop it in the ballot box in the foyer of our Heritage Hall.

To vote, you must be an adult in good spiritual standing, who is also committed financially to St. Nicholas. (If you’re not on the ballot list, but you believe you should be, please see Fr. Nabil, and we’ll gladly fix it.)

Saint George Greek Orthodox Church of Downey, CA Presents:

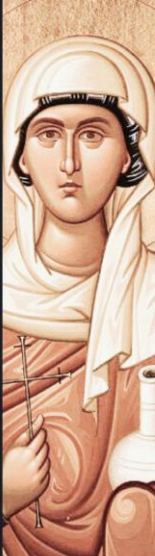
THE SAINT ANASTASIA FELLOWSHIP

Presentation and discussion on a parish-based initiative that confronts addiction.

Led by:
Rev. Fr. Nikolas Delaveris,
Director of Development for
the Archdiocesan District
Addictions Ministry

MARCH 11, 2025 - 6:30PM
PARAKLESIS TO FOLLOW

For additional information, visit our Facebook page, website, or contact: office@stgeorgedowney.org



2025 LENTEN SERVICES at the Cathedral

In Addition to the regular, weekly services:

Saturday Vespers, 6 p.m.

Sunday Matins: 9:15 a.m. • Sunday Divine Liturgy: 10:30 a.m.

Mondays — On Mondays in Lent we will serve **Great Compline at 6:30 p.m.**

- On **March 24** we will instead celebrate the Vespers for the Annunciation.

Wednesdays — Join us at **6:30 p.m. for the Presanctified Liturgy**. Fast from all food and drink from *at least* noon in preparation for Holy Communion (if your health allows). Then, we share a meal together. Some weeks, it will be a potluck; other weeks, Cathedral organizations or groups will host dinner. A short spiritual discussion will follow.

- March 12 Church School hosting
- March 19 Altar Society and friends
- March 26 Men's Fellowship
- April 2 Potluck
- April 9 Rose Samore, Georgette Malouf and Robin Nicholas hosting

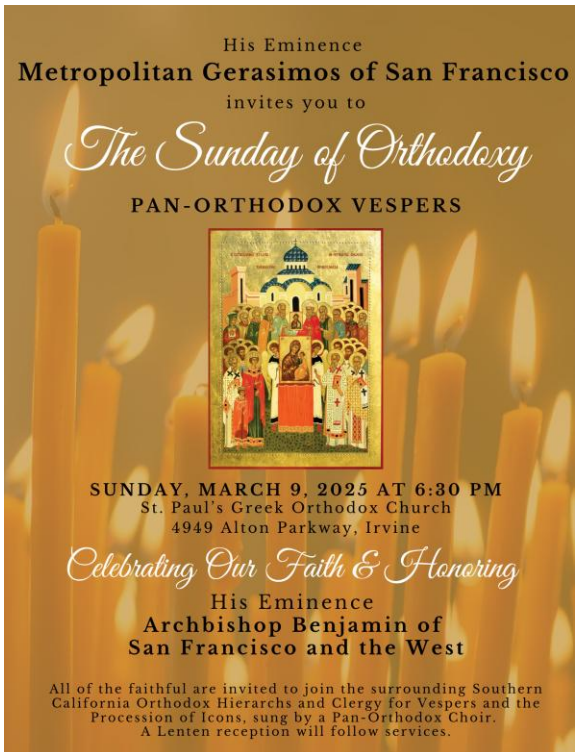
Fridays — Little Compline with the **Akathist Hymn to the Theotokos at 6:30 p.m.**

- On **April 11**, we serve the Little Compline with the Canon of Lazarus.

Saturdays — We serve the Liturgy each Saturday morning in Lent. See the calendar for specific times; some Saturdays the Liturgy will be early, before FOCUS.

The First Sunday, March 9 — We join a pan-Orthodox celebration of the **Triumph of Orthodoxy**, 6:30 pm at St. Paul's Greek Orthodox Church (4949 Alton Parkway, Irvine). All four bishops of our area will be there, with our Bishop Anthony preaching.


The Fifth Thursday, April 3 — We serve the **Great Canon of St. Andrew of Crete with the Life of St. Mary of Egypt** at 6:30 pm.



His Eminence
Metropolitan Gerasimos of San Francisco
invites you to

The Sunday of Orthodoxy

PAN-ORTHODOX VESPERS



SUNDAY, MARCH 9, 2025 AT 6:30 PM
St. Paul's Greek Orthodox Church
4949 Alton Parkway, Irvine

Celebrating Our Faith & Honoring
His Eminence
Archbishop Benjamin of
San Francisco and the West

All of the faithful are invited to join the surrounding Southern California Orthodox Hierarchs and Clergy for Vespers and the Procession of Icons, sung by a Pan-Orthodox Choir.
A Lenten reception will follow services.

THANKS AND BLESSINGS ON ALL WHO HAVE MADE THEIR STEWARDSHIP COMMITMENTS FOR 2025

*“With every gift show a cheerful face,
and dedicate your tithe with gladness.” (Sirach 35.9)*

كُنْ بِشَوْشِ الْوَجْهِ فِي كُلِّ عَطِيَّةٍ،
وَكَرِّسْ لِلرَّبِّ عُسْرَ غِلَالِكَ بِفَرَحٍ (سيراخ ٣٥،٩)

- If you haven't done so yet, we ask you to consider prayerfully your stewardship commitment for this year. Please place your pledge card in the collection basket, in the offering box at the candle stand, or return it by mail.
- You will find extra pledge cards in the narthex. (They look like the facsimile at right.) You can even enter your pledge as a recurring donation online yourself at stnicholasla.org/contributions



PILGRIMAGE TO ST. NEKTARIOS SHRINE



Join us for a field trip to the
St. Nektarios Orthodox
Church and Shrine in Covina

SATURDAY, MARCH 15

10:30 AM - Bus Departure From Cathedral

All are encouraged to be together on the bus!

- Veneration of St. Nektarios's relics
- Prayer and supplication for healing
- Talk by Father Demosthenes on the life and message of St. Nektarios
- Lenten lunch catered by:
Grape Leaf Greek Kouzina

RSVP is a must!

Deadline by Monday, March 10

\$20 per person including lunch

Please call/text Diana Kronfli
to sign up (818) 468-3733

WORSHIP: MEANING TO THE RHYTHMS OF OUR LIFE

The St. Nicholas **Young Adult Bible Study** continues every other Monday. We continue our series on understanding the Liturgy tomorrow.

The March 10 session will be in person (Cathedral conference room) following Great Compline.

We will explore:

Jan. 27: **What Is Worship, and Why We Do It**

Feb. 10: **The Eucharist**

Feb. 24: **The Eucharist continued**

Mar. 10: **The Eucharist continued**

Mar. 24: **The Liturgy of Time**

Mar. 31: **Sharing the Light**

FOOD FOR HUNGRY PEOPLE: QUOTES FROM THE FATHERS

- The rich man is not one who has much, but one who gives much.
St. John Chrysostom
- The amount we give is not judged by the largeness of our gifts but the largeness of our hearts.
St. John Chrysostom
- Do not let pass any opportunity to pray for anyone, either at his request or at the request of his relatives, friends, of those who esteem him, or of his acquaintances. The Lord looks favorably upon the prayer of our love, and upon our boldness before him. Besides this, prayer for others is very beneficial to the one himself who prays for others; it purifies the heart, strengthens faith and hope in God, and enkindles our love for God and our neighbor. When praying, say thus: 'Lord, it is possible for Thee to do this or that to this servant of Thine; do this for him, for Thy name is the Merciful Love of Men and the Almighty.' *St. John of Kronstadt*
- If you want Christ to bless you and what you have, when you meet a poor individual, who is hungry and asks you for food, give him. Also, when you know a poor man, or a widow, or an orphan are hungry, do not wait for them to ask you for food, but give them. Give with pleasure, and be not afraid that you will become indigent. Have faith that Christ invisibly blesses your few possessions, and you shall never starve, nor will you be in want till the end of your life. *St. Arsenios of Paros*
- A holy soul cares for his neighbor, either close at hand or far away. He cares where the homeless will spend the night, how the hungry will be fed, with what the naked will be clothed. He cares and he prays for the salvation of his neighbors: that their hearts may be filled with love towards God, that their minds may be directed towards God, that the wicked may turn from the paths of wickedness, that the hesitant may be confirmed in Faith, that the firm may persevere, that the departed may behold the Face of God, that the living may be written in the Book of Life in the Kingdom of Light. *St. Nikolai Velimirov*
- Pray persistently about everything, and then you will never do anything without God's help.
St. Mark the Ascetic
- Show forth all good and holy things by deeds more than words.
St. Benedict of Nursia

As we fast, we always need to remember the poor.

Please take a Food for Hungry People offering box from the narthex, and make it a practice to put something into it as you sit down for every meal.



**46th ANNUAL
ANTIOCHIAN WOMEN'S LENTEN RETREAT
DIOCESE OF LOS ANGELES AND THE WEST
APRIL 4 - 6, 2025**



**With the Blessing of His Grace Bishop ANTHONY we are honored to have
V. Rev. Fr. Michael Nasser of St. Nicholas Church in
Grand Rapids, Michigan as our retreat speaker!
His topic will be: "Keeping Faith in a Confusing, Chaotic World"**

REGISTRATION INFORMATION

You may register and pay online using a credit card here:
<https://buytickets.at/stnicholasla/1554925>

Or, mail in the registration form and your check payable to:
Antiochian Women, Diocese of the West OR AW DLAW

Full Weekend 2 nights/5 meals

EARLY BIRD by March 23: Check: \$175 Online: \$175, plus fee
AFTER March 23: Check: \$185 Online: \$185, plus fee

Saturday Only - 3 meals

Check: \$80 Online: \$80, plus fee

**For questions, please contact Georgette Malouf
via email: gette0324@yahoo.com or via phone at: 818-391-6217**



TO PAY BY CHECK

See Georgette Malouf during coffee hour, or print and mail the registration form to her at 1021 N. Orchard Drive, Burbank, CA 91506.

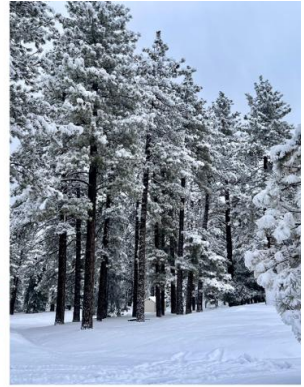
**SCHOLARSHIPS
AVAILABLE**

A limited number of scholarships are available from the Diocese of Los Angeles and the West Antiochian Women to attend the Spring Diocesan Retreat each year.

QUALIFICATIONS:

- Applicant must be actively involved in her parish.
- Applicant must demonstrate financial need and submit a letter of recommendation from her parish priest.
- In order to allow more women to participate, scholarships may not be granted to the same applicant more than once every two years, unless funds are available the second year.
- Applications must be received no later than 20 days prior to the Retreat.

- Applicant must be a female, at least 18 years of age the year of the retreat.
- Applicant must be a member in good standing of a parish of the Diocese of Los Angeles and the West.



Camp St. Nicholas
 11770 Frontier Road
 Frazier Park, CA

ST NICHOLAS LENTEN FAMILY CAMP

.....
MARCH 29-30, 2025

Scan to
 Register:



Register at: <https://form.jotform.com/250086230570146>

SATURDAY

11:00AM Check In and Rooming Assignments
 12:00PM Lunch
 1:00PM Workshop
 2:30PM Games, Sports, Crafts (Snow??)
 5:00PM Vespers
 6:00PM Dinner
 7:00PM Ask Abouna + Evening Program

SUNDAY

8:30AM Orthros
 9:30AM Divine Liturgy
 11:00AM Brunch
 12:00PM Pack, Clean and Depart Camp

For more information email frandrewa@stnicholasla.org



CAMP ST. NICHOLAS

SUMMER CAMP REGISTRATION

FEBRUARY 22ND,
10:00AM

COST: \$620
DEPOSIT: \$100

DATES

WEEK 1: JULY 6TH-12TH

WEEK 2: JULY 13TH-19TH (Teen Week)

WEEK 3: JULY 20TH-26TH

WWW.CAMPSTNICHOLAS.ORG

NEW CAMPING OPPORTUNITY

We have a BRAND NEW PROGRAM which is intended for those who will be graduating high school the spring of 2025.

This program is called "**Bridge Week.**" It is a full week of camping but only for this year's high school graduates. Enrollment will likely be approximately 30 campers. The focus of this program is to equip our young people to 'bridge' from high school to whatever comes next (practically, emotionally, and spiritually). The program also includes familiar camping afternoon and evening activities with a few surprises (including an off-campus activity). Bridge Week will be held June 15-21.

REGISTRATION FOR SUMMER CAMP IS NOW OPEN

Register online at www.campstnicholas.org

St. Nicholas Cathedral will pay half the cost for all our campers. If you need additional help, just ask Fr. Nabil privately. Just register, and pay the deposit for now.

Please contact Fr. Andrew if you are having any problems with the online sign-up process.

Camp is the most important and most effective part of our youth ministry program. We are offering these generous scholarships because we believe Camp is *that* important.

CAMP ST. NICHOLAS Bridge Week 2025

Summer Camp for 2025 High School Grads

What Is This?

- Summer Camp for Current Year High School Graduates
- Similar to Regular Camp St Nicholas Summer Program
- Focused on Bridging the Gap Between High School and What Comes Next

What Will We Do?

- Morning Program Focused on Strengthening our Faith, Skills for Success, and Connection with Orthodox Christians While Away from Home
- Afternoon and Evening Program Similar to Regular Summer Camp
- Off Camp Day Trips and New Activities

When Is It?

- Sun, June 15 to Sat, June 21
- Limited to 30 Campers
- Registration Opens Feb 22
- Cost is \$100 per Camper (through philanthropic support from the Orthodox Vision Foundation)





57th BIENNIAL ANTIOCHIAN ORTHODOX CHRISTIAN
Archdiocese Convention
July 20 – 27, 2025



EARLY BIRD PRICE

Now Until April 30, 2025

~~\$350~~
\$330

Per Person Total Value \$380
**Buy your Ticket Books Today
and Save!**

HOTEL REGISTRATION

Hyatt Regency O'Hare Chicago

\$189
PER NIGHT

\$10/night for parking
Complimentary shuttle to and from O'Hare

Reserve your Hotel Room!

"CONTINUING THE ANTIOCHIAN LEGACY IN CHICAGO"

Celebrating the
50TH ANNIVERSARY OF
THE UNIFICATION OF
NEW YORK AND TOLEDO
and the
120TH ANNIVERSARY OF
THE WORD MAGAZINE

- 100+ EVENTS AND MEETINGS
- CHURCH SERVICES
- ARCHDIOCESE GENERAL ASSEMBLY
- "ASK ABOUNA" ALL WEEK AGES 4-12
- BIBLE BOWL
- ORATORICAL FESTIVAL
- TEEN EVENTS
- YAM EVENTS
- WORKSHOPS
- "MY KIND OF TOWN"
- ARABIAN NIGHTS DINNER AND HAFI
- ANTIOCHIAN LEGACY BANQUET AND GRAND HAFI

Visit

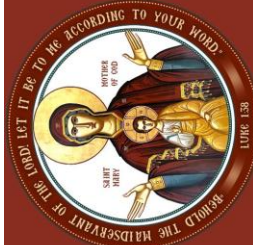
WWW.AC2025CHICAGO.ORG

*"Then Mary said, "Behold the maidservant of the Lord! Let it be to me according to your word." And the angel departed from her."
Luke 1:38*

THE MIRACULOUS WEeping ICON
Cicero, IL



With the blessing of His Eminence Metropolitan Saba, for the first time, venerate the Miraculous Weeping Icon in the Holy Chapel all week.



DIOCESE OF LOS ANGELES & THE WEST PARISH LIFE CONFERENCE

JUNE 25 – 29, 2025

HOSTED BY:

ST. NICHOLAS ANTIOCHIAN ORTHODOX CHURCH, SAN FRANCISCO

WWW.LAPLC.ORG

SCHEDULE HIGHLIGHTS:

THURSDAY JUNE 26

- Morning and Afternoon Workshops
- Order of St. Ignatius Reception
- Young Adult Dinner
- Taco Thursday Welcome Reception

FRIDAY JUNE 27

- Organization Meetings
- Bible Bowl
- Ice Cream Social & Teen Dance
- "Candyland" Theme

SATURDAY JUNE 28

- Young Adult Pilgrimage to Holy Virgin Mary Russian Cathedral
- Awards Brunch
- Oratorical & Choir Festival
- Middle Eastern Dinner and Dance (Hafi)

SUNDAY JUNE 29

- Hierarchical Divine Liturgy

Visit our website for more information

JOIN US AT HYATT
REGENCY SAN FRANCISCO
AIRPORT FOR THE 2025 PLC!

- Hotel Group Rate: \$179/night plus local taxes/fees
- Group rate is valid 3 days before and 3 days after Conference
- Complimentary shuttle to & from San Francisco airport
- Self parking \$15/Day
- 10% discount at all hotel food outlets



CATHEDRAL PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers.

LIVING

Fr. Joseph Abud, friend of Fr. Nabil and Kh. Elaine, 3/4
Jacqueline Badaro, outpatient surgery, 4/17
Caroline Sayegh Kizwani, undergoing tests, 4/6
Mirna Aboud, undergoing tests, 4/4
Marta Chala, rehab., 4/4
Georgette Malouf, home, 4/2
Samira El-Shammas, hospital, 3/26
Dorothy Nicholas, undergoing tests, 3/14
Leroy Simon, hospital, 3/11
Jeanette Dawn Reedy, mother of Dante Solano, 4/10
Nasry Iskander, Lucy Hanna's brother, 4/9
Sandra Strain, Tiffany Mychaskiw's mother, 4/2
Mark Sauskojus, Maximus' father, 4/1
Hala Tadros, Rania Dahabreh's mother, 3/11
Elham Alloush, Arij Alchammas' mother, 3/11
Maryanne Haddad, cousin of Dale Nicola, 3/9
All those displaced by the fires in our area, frontline workers, community leaders and all who are providing aid
All those suffering from illness, violence and want in the Middle East, Ukraine and throughout the world

DEPARTED

Archbishop Anastasios, Primate of the Church of Albania, 3/8
Fr. Wayne Wilson, founding Pastor of St. Barnabas Church, Costa Mesa, 4/10
Mariette Kassir, Jihad's mother, 3/26
Atef Iskander, cousin of Lucy Hanna, 4/7
Joan Rechsteiner, aunt of Kh. Laurie Olson, 4/5
Victims of the fires in our area
Victims of the Middle East and Ukraine conflicts and of violence everywhere

ST. NICHOLAS CATHEDRAL CALENDAR

March 2025

	Sunday of Orthodoxy
Sun. 9	Spanish Mission Liturgy , 7:45 am <ul style="list-style-type: none"> • Fellowship and Bible Study in Spanish Matins , 9:15 am Divine Liturgy , 10:30 am <ul style="list-style-type: none"> • Church School • Coffee Hour Pan-Orthodox Vespers , 6:30 pm at St. Paul Church (4949 Alton Pkwy., Irvine)
Mon. 10	Great Compline , 6:30 pm <ul style="list-style-type: none"> • Young Adult Bible Study
Tue. 11	Choir dinner and practice, 6:30 pm
Wed. 12	Presanctified Divine Liturgy , 6:30 pm <ul style="list-style-type: none"> • Lenten Dinner • Spiritual Discussion
Fri. 14	Little Compline/Akathist , 6:30 pm
Sat. 15	Divine Liturgy , 8:30 am Pilgrimage to St. Nectarios Shrine , bus departs from Cathedral at 10:30 am Great Vespers and Confessions, 6 pm
Sun. 16	Spanish Mission Liturgy , 7:45 am <ul style="list-style-type: none"> • Fellowship and Bible Study in Spanish Matins , 9:15 am Divine Liturgy , 10:30 am <ul style="list-style-type: none"> • Church School • Coffee Hour
Mon. 17	Great Compline , 6:30 pm <ul style="list-style-type: none"> • Cathedral Council meeting
Wed. 19	Presanctified Divine Liturgy , 6:30 pm <ul style="list-style-type: none"> • Lenten Dinner • Spiritual Discussion
Fri. 21	Little Compline/Akathist , 6:30 pm

SEE THE FULL CALENDAR and latest additions and updates at stnicholasla.org/parishcalendar