



St. Nicholas Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West

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TONE 5

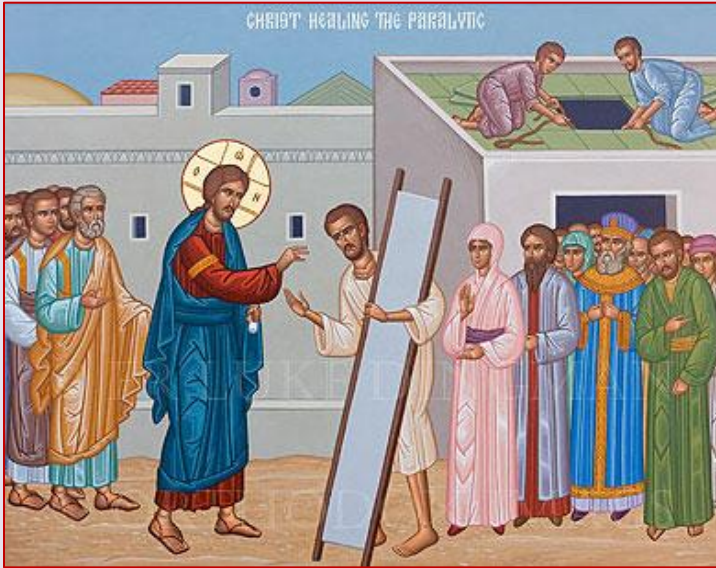
MARCH 16, 2025

EOTHINON 5

SECOND SUNDAY OF THE GREAT FAST

COMMEMORATION OF GREGORY PALAMAS, ARCHBISHOP OF THESSALONICA
MARTYR SABINOS OF EGYPT • VENERABLE CHRISTODOULOS, WONDERWORKER OF PATMOS

الأحد الثاني من الصوم الكبير
تذكار أبينا الجليل في القديسين غريغوريوس بالاماس رئيس أساقفة تسالونيكية



Today, we are presented with the Gospel passage of Christ's healing the Paralytic, as we also remember our father Gregory Palamas, Archbishop of Thessalonica, an ascetic, theologian, hierarch and miracle-worker, who forsook a prominent, secular lifestyle to take up his cross and follow Christ.

LITURGY VARIATIONS

THIRD ANTIPHON: TROPARION OF THE RESURRECTION (TONE 5)

Let us believers praise and worship the Word, coëternal with the Father and the Spirit, born of the Virgin for our salvation, for He took pleasure in ascending the Cross in the flesh to suffer death and to raise the dead by His glorious Resurrection.

لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدُ لِلْكَلِمَةِ، الْمَسَاوِي لِآبٍ وَالرُّوحِ
فِي الْأَزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ
سَرَّ بِالْجَسَدِ أَنْ يَعْلُوَ عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ،
وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.

Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM Confession: After Saturday Vespers
Divine Liturgy, 10:30 AM During Sunday Matins
Saturdays: Great Vespers, 6:00 PM Or by Appointment

See Calendar for Fast Days and Other Weekday Services Scheduled

Please turn cell phones off!



Order for Holy Communion

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

نظام المناولة المقدسة

يجب على أعضاء الكنيسة الأرثوذكسية من سن السابعة وما فوق، الاستعداد للمناولة المقدسة باعتراف حديث والصلاة والصوم عن جميع الأطعمة والمشروبات من منتصف الليل (ما لم تكن هناك موانع طبية)، والتواجد في الكنيسة قبل قراءات الرسالة والإنجيل، وأن يكونوا في سلام مع الجميع.

TEACHERS THEN CHILDREN going to church school should come down the center aisle first. (Small children may need to be assisted by their parents.)

ALL OTHERS should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion.

A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

ترحيب حار بضيوفنا

نحن سعداء لأنكم تشاركون معنا في الصلاة. يرجى ملاحظة أن المشاركة في المناولة المقدسة تقتصر على أعضاء الكنيسة الأرثوذكسية الذين استعدوا أيضا بالصلاة والصوم والاعتراف الحديث.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

APOLYTIKIA AFTER THE ENTRANCE

Troparion of the Resurrection (Tone 5)

Let us believers praise and worship the Word, coëternal with the Father and the Spirit, born of the Virgin for our salvation, for He took pleasure in ascending the Cross in the flesh to suffer death and to raise the dead by His glorious Resurrection.

لُتَسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدْ لِلْكَلِمَةِ، الْمَسَاوِي لِأَبِ وَالرُّوحِ
فِي الْأَزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَدْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ
سُرَّ بِالْجَسَدِ أَنْ يَغْلُوَ عَلَى الصَّلِيبِ، وَيَخْتَمِلَ الْمَوْتَ، وَيُنْهَضَ
الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.

Troparion of St. Gregory Palamas (Tone 8)

O Star of Orthodoxy, Support of the Church and its Teacher, O Comeliness of ascetics, and incontestable Champion of those who speak in theology, Gregory the Wonder-worker, the Pride of Thessalonica and Preacher of grace, implore thou constantly for the salvation of our souls.

يَا كَوْكَبَ الرَّأْيِ الْقَوِيمِ، وَثَبَاتِ الْكَنِيسَةِ وَمُعَلِّمَهَا، وَجَمَالَ
الْمُتَوَخِّدِينَ، وَمُنَاضِلًا عَنِ الْمُتَكَلِّمِينَ بِاللَّاهُوتِ، الَّذِي لَا
يُحَارِبُ، غِرِيغُورِيُوسَ الْفَاعِلِ الْمُعْجَزَاتِ، فَخَرَ تَسَالُونِيكِيَّةَ
وَكَارُورَ الْبِعْمَةِ. لَا تَنْفَكْ مُتَشَفِّعًا فِي خَلَاصِ نَفُوسِنَا.

Troparion of St. Raphael (Tone 3)

Rejoice, O Father Raphael, Adornment of the holy Church. Thou art Champion of the true Faith, Seeker of the lost, Consolation of the oppressed, Father to orphans and Friend of the poor, Peacemaker and good Shepherd, Joy of all the Orthodox, Son of Antioch, Boast of America. Intercede with Christ God for us and for all who honor Thee.

يَا مُحَارِبًا عَنِ الْإِيمَانِ، وَمُعَزِّيًا مَنْ فِي الْأَحْزَانِ، وَأَبَا الْأَيْتَامِ،
وَصَدِيقَ الْفُقَرَاءِ. الرَّاعِي الصَّالِحِ الْمُفْتَقِدِ الضَّالِّينَ، يَا زَفَائِلُ،
يَا فَخْرَ الْأَرْثُودُكْسِيِّينَ. إِنَّ أَنْطَاكِيَا، وَفَخْرَ أَمِيرِكَا ابْتِهَلُ إِلَى
الْمَسِيحِ مِنْ أَجْلِ مُكْرَمِيكَ.

Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls.

لَقَدْ أَظْهَرْتِكَ أَعْمَالُ الْحَقِّ لِرِعِيَّتِكَ قَانُونًا لِلْإِيمَانِ، وَصُورَةً
لِلْوَدَاعَةِ، وَمُعَلِّمًا لِلْإِمْسَاكِ، أَيُّهَا الْأَبُ وَرَيْسُ الْكَهَنَةِ
نِيقُولَاوَسَ. فِلذَلِكَ أَحْرَزْتَ بِالتَّوَاضُّعِ الرَّفْعَةَ، وَبِالْمَسْكِنَةِ
الْغِنَى. فَتَشَفِّعْ إِلَى الْمَسِيحِ إِلَهِهِ أَنْ يُخَلِّصَ نَفُوسِنَا.

Kontakion of the Annunciation (Tone 8)

O victorious Leader of triumphant hosts, we your servants, who have been delivered from danger, sing our grateful thanks to you, O Theotokos. As you have power, which is invincible, set us free from every danger that we may cry out to you: Rejoice, O unwedded Bride!

إني أنا عبدك يا والدة الإله، أكتُب لك رايات العَلْبَة، يا جُنْدِيَّةَ مُحَامِيَّةٍ، وأَقْدِم لكَ الشُّكْرَ كَمُنْقَذَةٍ مِنَ الشَّدَائِدِ، لَكِنْ بِمَا أَنَّ لِكَ العِزَّةَ التي لا تُحَارِبُ أَعْتَقِيَنِي مِنْ صُنُوفِ الشَّدَائِدِ حَتَّى أَصْرُخَ إِلَيْكَ: إفْرَحِي يا عَرُوسًا لا عَرُوسَ لَهَا.

THE SCRIPTURE LESSONS

Prokeimenon (Psalm 11.7, 1 LXX; Tone 5)

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

From St. Paul's Epistle to the Hebrews (1.10-23; 2nd Sunday of Lent)

"In the beginning, You O Lord, did found the earth, and the heavens are the work of your hands; they will perish, but You remain; they will all grow old like a garment, like a mantle You will roll them up, and they will be changed. But You are the same, and your years will never end." But to what angel has He ever said, "Sit at my right hand, till I make your enemies a stool for your feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

بروكيمنون (مزمو ١١، ٧، ١ سيع؛ اللحن ٥)

أنت يا ربُّ تحفظنا وتسرُّنا.

حلِّصني يا ربُّ فإنَّ البارَّ قد فني.

فصلٌ من رسالة القديس بولس الرسول إلى العبرانيين

(١، ١٠-٢٣؛ ثاني أحد من الصوم)

أنت يا ربُّ في البدء أسست الأرض، والسَّمَاوَاتُ هي صنُّع يديك. هي تروُّل وأنت تبقى وكلُّها تبلى كالثَّوب. وتطويها كالرِّداء فتتغير، وأنت أنت وسنوك لن تفتي. "ولمن من الملائكة قال قطُّ "اجلس عن يميني حتى أجعل أعداءك موطئاً لقدميك؟" أليسوا جميعهم أرواحاً خادمة تُرسل للخدمة من أجل الذين سيرثون الخلاص؟

فلذلك يجب علينا أن نصغي إلى ما سمعناه إصغاءً أشدَّ لئلاَّ يسرب من أذهاننا. فإنَّها إن كانت الكلمة التي نطق بها على ألسنة ملائكة قد ثبتت، وكلُّ تعدي ومَعْصِيَةٍ نال جزاءً عدلاً. فكيف نُفلت نحن إن أهملنا خلاصاً عظيماً كهذا؟ قد ابتدأ النطق به على لسان الرَّبِّ، ثمَّ ثبتته لنا الذين سمعوه.

**Holy Gospel according to St. Mark
(2.1-12; 2nd Sunday of Lent)**

AT THAT TIME, when Jesus returned to Capernaum after some days, it was reported that He was home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of Man has authority on earth to forgive sins"—He said to the paralytic—"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

**مِنْ بَشَارَةِ الْقِدِّيسِ مَرْقُسِ الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ
الطَّاهِرِ (٢،١-١٢؛ ثاني أحد من الصوم)**

فِي ذَلِكَ الزَّمَانِ، دَخَلَ يَسُوعُ كَفَرْنَاحُومَ وَسَمِعَ أَنَّهُ فِي بَيْتٍ. فَلِلْوَقْتِ اجْتَمَعَ كَثِيرُونَ، حَتَّى أَنَّهُ لَمْ يَكُنْ مَوْضِعٌ وَلَا مَا حَوْلَ الْبَابِ يَسْعُ، وَكَانَ يُخَاطِبُهُمْ بِالْكَلِمَةِ. فَأَتَوْا إِلَيْهِ بِمُحْلَعٍ يَحْمِلُهُ أَرْبَعَةً. وَإِذْ لَمْ يَقْدِرُوا أَنْ يَقْتَرِبُوا إِلَيْهِ لِسَبَبِ الْجَمْعِ، كَشَفُوا السَّقْفَ حَيْثُ كَانَ. وَبَعَدَ مَا تَقَبَّوهُ، دَلُّوا السَّرِيرَ الَّذِي كَانَ الْمُحْلَعُ مُضْطَجِعًا عَلَيْهِ. فَلَمَّا رَأَى يَسُوعُ إِيمَانَهُمْ، قَالَ لِلْمُحْلَعِ: "يَا ابْنِي، مَغْفُورَةٌ لَكَ خَطَايَاكَ." وَكَانَ قَوْمٌ مِنْ الْكَتَبَةِ جَالِسِينَ هُنَاكَ يُفَكِّرُونَ فِي قُلُوبِهِمْ "مَا بَالُ هَذَا يَتَكَلَّمُ هَكَذَا بِالتَّجْدِيفِ؟ مَنْ يَقْدِرُ أَنْ يَغْفِرَ الْخَطَايَا إِلَّا اللَّهُ وَحْدَهُ؟" فَلِلْوَقْتِ عَلِمَ يَسُوعُ بِرُوحِهِ أَنَّهُمْ يُفَكِّرُونَ هَكَذَا فِي أَنْفُسِهِمْ، فَقَالَ لَهُمْ: "لِمَاذَا تُفَكِّرُونَ بِهَذَا فِي قُلُوبِكُمْ؟ مَا الْأَيْسَرُ أَنْ يُقَالَ "مَغْفُورَةٌ لَكَ خَطَايَاكَ" أَمْ أَنْ يُقَالَ "قُمْ وَاحْمِلْ سَرِيرَكَ وَامْشِ"؟ وَلَكِنْ لِكَيْ تَعْلَمُوا أَنَّ ابْنَ الْبَشَرِ لَهُ سُلْطَانٌ عَلَى الْأَرْضِ أَنْ يَغْفِرَ الْخَطَايَا (قَالَ لِلْمُحْلَعِ) "لَكَ أَقُولُ، قُمْ وَاحْمِلْ سَرِيرَكَ وَأَذْهَبْ إِلَى بَيْتِكَ." فَقَامَ لِلْوَقْتِ وَحَمَلَ سَرِيرَهُ وَخَرَجَ أَمَامَ الْجَمِيعِ، حَتَّى دَهَشَ كُلُّهُمْ وَمَجَّدُوا اللَّهَ قَائِلِينَ "مَا رَأَيْنَا مِثْلَ هَذَا قَطُّ."

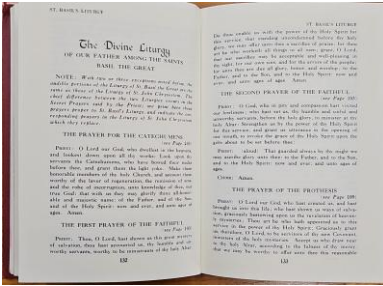
HOLY OBLATIONS AND PRAYER REQUESTS

Offered by	For the Health of	In Memory of
The Cathedral community	<p>Our new Council members being installed today: Meray Ammari, Joseph Maalouf, Nabil Maalouf, Tiffany Mychaskiw, Christopher Nofal and Carol Wackeen</p> <p>Our retiring Council members: Pierre Bitar, Arsenius Dabbour, Ehab Dahabreh, Shadi Omeish and Chad Wehbe</p> <p>And all the members of the Cathedral Council</p>	
Salma Maalouf	All her family	Grandson Lucas Maalouf (9 years departed) and husband Joseph Maalouf
Dale and Robin Nicola and family		Parents Lester and Leerese Nicola and son Gregory (2 years departed)
Alice and Jim Mikesell, Shirley Cameron, Connie and Michael Burrell, and their children and grandchildren		Melveen Fadoul (3 years) and George Fadoul (20 years)
Shirley Cameron, Kristen and Mike Campo	Zoey and Kennedy Campo, and all their family	Son/brother Scott Cameron (12 years)
Robert and Renee Crawford, Barbara Bray, Nancy and Ronald Nicola, and Michael Roum	Cousin Mitry Mor	
Tanya Akel and Cyndi Flagg	Children Xulani Akel and Jackson Flagg, and brother Tommy Beebe	Mother Abla Akel (anniversary of her repose) and sisters Connie Beebe and Bonnie Beebe
George , Mariam , Mark , Antonio and Hend Bshara		
Ehab , Rania , Sami , Selena and Anthony Dahabreh	Hala Tadros (Rania's mother)	Hani Tadros (Rania's father) and Nawal Hawatmeh Dahabreh (Ehab's mother)

To offer Holy Oblations and Memorials please use the form at

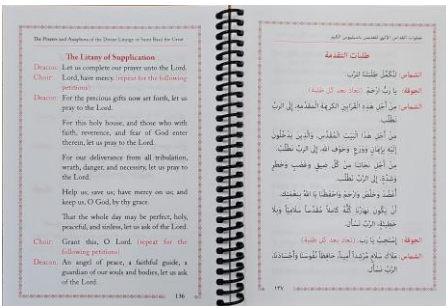
<https://stnicholasla.com/makeaprayerrequest> or call the Cathedral office by Wednesday.

WE SERVE THE LITURGY OF ST. BASIL TODAY

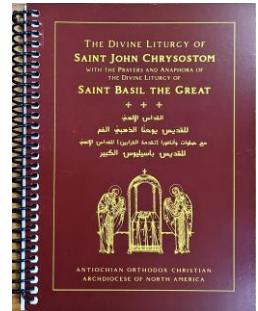


To follow the text of the service:

- If you're using the Archdiocese Service Book (all English, pictured at left), from the point where Father invites us, saying, "Let us give thanks unto the Lord," turn to the middle of page 134 in the brown hardback books to continue participating in the Prayer of the Anaphora.
- But, if you're following in the new, spiral-bound English/Arabic book, immediately after the Great Entrance, turn to page 136.



As we only have a limited number of the bilingual books, we are keeping them at the candle stand. If you'd like to use one, help yourself, and just return it to the candle stand after the service.



ANNOUNCEMENTS

PLEASE JOIN US FOR FELLOWSHIP AFTER THE LITURGY

Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side/chapel area) doors, and join us in the Heritage Ballroom for refreshments.

- Coffee hour is hosted today by the Ladies' Society.



Upcoming Coffee Hour Schedule

Mar. 23	OPEN	Apr. 13	Palm Sunday bake sale
Mar. 30	Falafel lunch by the Qafaiti, Shousha and Nima families	Apr. 20	Pascha: Breakfast of Love
Apr. 6	OPEN	Apr. 27	Robin Nicholas (Aunt Dorothy's birthday)

Please consider sponsoring a Coffee Hour after Liturgy. Contact the Cathedral office or Joujou George at (562) 522-1322 or ginageorge@verizon.net to host a Sunday.

RECOGNIZING OUR LADIES

March is Women's Month in the Archdiocese. During this month we ask our ladies to serve as ushers, readers, etc., in order to highlight the indispensable role our women have served throughout Christian history up to and including the present.



2025 LENTEN SERVICES at St. Nicholas Cathedral

In Addition to the regular, weekly services:

Saturday Vespers, 6 p.m.

Sunday Matins: 9:15 a.m. • Sunday Divine Liturgy: 10:30 a.m.

Mondays — On Mondays in Lent we will serve **Great Compline at 6:30 p.m.**

- On **March 24** we will instead celebrate the Vespers for the Annunciation.

Wednesdays — Join us at **6:30 p.m. for the Presanctified Liturgy**. Fast from all food and drink from *at least* noon in preparation for Holy Communion (if your health allows). *Then, we share a meal together. Some weeks, it will be a potluck; other weeks, Cathedral organizations or groups will host dinner. A short spiritual discussion will follow.*

- March 19 Altar Society and friends
- March 26 Men's Fellowship
- April 2 Potluck—please bring a dish to share
- April 9 Rose Samore, Georgette Malouf and Robin Nicholas hosting

Fridays — Little Compline with the **Akathist Hymn to the Theotokos at 6:30 p.m.**

- On **April 11**, we serve the Little Compline with the Canon of Lazarus.

Saturdays — We serve the Liturgy each Saturday morning in Lent. See the calendar for specific times; some Saturdays the Liturgy will be early, before FOCUS.

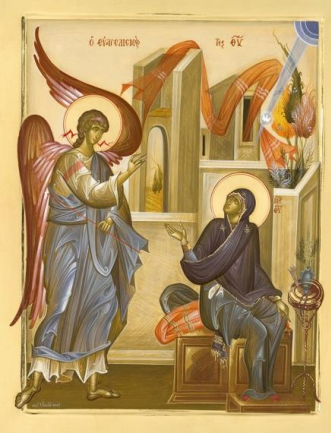
The Fifth Thursday, April 3 — We serve the **Great Canon of St. Andrew of Crete with the Life of St. Mary of Egypt** at 6:30 pm.

LIKE THE PRODIGAL SON, WE RETURN TO OUR FATHER IN HUMILITY

Everyone should make a confession at least once during Lent. A priest is always available for confessions after Saturday Vespers and during Matins on Sundays, or you can make an appointment. Just wait in a pew near the St. Raphael Shrine, and a priest will come out and meet you by the shrine.



GREAT FEAST OF THE ANNUNCIATION



Great Vespers 6:30 p.m. Monday, March 24

صلاة الغروب لعيد البشارة: مساء الاثنين، ٢٤ آذار، الساعة ٦:٣٠

Divine Liturgy 6:30 p.m. Tuesday, March 25

القداس الإلهي لعيد البشارة: مساء الثلاثاء، الساعة ٦:٣٠

Baked Salmon will be provided after Liturgy. **Please bring side dishes, salads or desserts**, as we share dinner for the Feast.

Being a great feast and occurring within the great fast, fasting and feasting are balanced, so fish, wine and oil are permitted after Liturgy on March 25.

THANKS AND BLESSINGS ON ALL WHO HAVE MADE THEIR STEWARDSHIP COMMITMENTS FOR 2025

*“With every gift show a cheerful face,
and dedicate your tithe with gladness.” (Sirach 35.9)*

كُنْ بِشَوْشَ الْوَجْهِ فِي كُلِّ عَطِيَّةٍ،
وَكَرِّسْ لِلرَّبِّ عَشْرَ غَلَالِكَ بِفَرَحٍ (سيراح ٣٥،٩)



- If you haven't done so yet, we ask you to consider prayerfully your stewardship commitment for this year. Please place your pledge card in the collection basket, in the offering box at the candle stand, or return it by mail.
- You will find extra pledge cards in the narthex. (They look like the facsimile at right.) You can even enter your pledge as a recurring donation online yourself at stnicholasla.org/contributions

FOOD FOR HUNGRY PEOPLE

As we fast, we always need to remember the poor.

Keep Aunt Dorothy busy! Did you know that she counts every coin turned in after Lent? Please take a Food for Hungry People offering box from the narthex, and make it a practice to put something into it as you sit down for every meal.



QUOTES FROM THE FATHERS

- He who loves God will certainly love his neighbor as well. Such a person cannot hoard money, but distributes it in a way befitting God, being generous to every- one in need. ***St. Maximos the Confessor***
- The greatest act of love is to take care of a sick person. If you take care of him with love and patience, he is saved through you and you are saved through him. ***Elder Paisius of Sihla***
- Do not fear God because of the greatness of His majesty, but fear Him because of the greatness of His love. ***St Isaac the Syrian***
- God asks little, but He gives much. ***St. John Chrysostom***
- It seems that from my childhood I had a great desire to help those suffering, especially those whose souls are in pain...We must rise from the mournful earth to Heaven and rejoice with the angels over the salvation of a single saved soul, over a single cup of cold water given in the Name of the Lord. ***St. Elizabeth the New Martyr***
- If you continue your almsgiving, offering to the poor out of the little that you have, not only will you not be in want, but the Lord will bless and increase what you have. And for the few things which you will give here, in this temporary life, you will receive a thousand-fold, more in the eternal life; and you will hear the Lord saying to you: "I was hungry, and you gave me food." And when you say to Him: "Lord, when did we see You hungry and feed You?", He shall say: "Yes you did not see me, but you did see my poor brethren, the hungry. The bread which you gave them, it is the same as if you gave it to me. So now I grant unto you the eternal Heavenly Kingdom: and whatever goods I have, you shall have also and all those who fed the poor, the hungry, and showed mercy unto them." ***St. Arsenios of Paros***
- We are not asked merely to call ourselves Christians; we are asked to be Christians through our deeds. ***St. Ignatius of Antioch***
- The key to the kingdom of Heaven is prayer. ***St. Elijah the Priest***





Camp St. Nicholas
 11770 Frontier Road
 Frazier Park, CA

ST NICHOLAS LENTEN FAMILY CAMP

.....
MARCH 29-30, 2025

Scan to
 Register:



Register at: <https://form.jotform.com/250086230570146>

SATURDAY

- 11:00AM Check In and Rooming Assignments
- 12:00PM Lunch
- 1:00PM Workshop
- 2:30PM Games, Sports, Crafts (Snow??)
- 5:00PM Vespers
- 6:00PM Dinner
- 7:00PM Ask Abouna + Evening Program

SUNDAY

- 8:30AM Orthros
- 9:30AM Divine Liturgy
- 11:00AM Brunch
- 12:00PM Pack, Clean and Depart Camp

FREE FOR ST. NICHOLAS FAMILIES!

For more information email frandrewa@stnicholasla.org

**46th ANNUAL
ANTIOCHIAN WOMEN'S LENTEN RETREAT
DIOCESE OF LOS ANGELES AND THE WEST
APRIL 4 - 6, 2025**



**With the Blessing of His Grace Bishop ANTHONY we are honored to have
V. Rev. Fr. Michael Nasser of St. Nicholas Church in
Grand Rapids, Michigan as our retreat speaker!
His topic will be: "Keeping Faith in a Confusing, Chaotic World"**

REGISTRATION INFORMATION

You may register and pay online using a credit card here:
<https://buytickets.at/stnicholasla/1554925>

Or, mail in the registration form and your check payable to:
Antiochian Women, Diocese of the West OR AW DLAW

Full Weekend 2 nights/5 meals

EARLY BIRD by March 23: Check: \$175 Online: \$175, plus fee
AFTER March 23: Check: \$185 Online: \$185, plus fee

Saturday Only - 3 meals

Check: \$80 Online: \$80, plus fee

**For questions, please contact Georgette Malouf
via email: gette0324@yahoo.com or via phone at: 818-391-6217**



TO PAY BY CHECK

See Georgette Malouf during coffee hour, or print and mail the registration form to her at 1021 N. Orchard Drive, Burbank, CA 91506.

**SCHOLARSHIPS
AVAILABLE**

A limited number of scholarships are available from the Diocese of Los Angeles and the West Antiochian Women to attend the Spring Diocesan Retreat each year.

QUALIFICATIONS:

- Applicant must be actively involved in her parish.
- Applicant must demonstrate financial need and submit a letter of recommendation from her parish priest.
- In order to allow more women to participate, scholarships may not be granted to the same applicant more than once every two years, unless funds are available the second year.
- Applications must be received no later than 20 days prior to the Retreat.

- Applicant must be a female, at least 18 years of age the year of the retreat.
- Applicant must be a member in good standing of a parish of the Diocese of Los Angeles and the West.



CAMP ST. NICHOLAS

SUMMER CAMP REGISTRATION

FEBRUARY 22ND,
10:00AM

COST: \$620
DEPOSIT: \$100

DATES

WEEK 1: JULY 6TH-12TH

WEEK 2: JULY 13TH-19TH (Teen Week)

WEEK 3: JULY 20TH-26TH

WWW.CAMPSTNICHOLAS.ORG

NEW CAMPING OPPORTUNITY

We have a BRAND NEW PROGRAM which is intended for those who will be graduating high school the spring of 2025.

This program is called "**Bridge Week.**" It is a full week of camping but only for this year's high school graduates. Enrollment will likely be approximately 30 campers. The focus of this program is to equip our young people to 'bridge' from high school to whatever comes next (practically, emotionally, and spiritually). The program also includes familiar camping afternoon and evening activities with a few surprises (including an off-campus activity). Bridge Week will be held June 15-21.

REGISTRATION FOR SUMMER CAMP IS NOW OPEN

Register online at www.campstnicholas.org

St. Nicholas Cathedral will pay half the cost for all our campers. If you need additional help, just ask Fr. Nabil privately. Just register, and pay the deposit for now.

Please contact Fr. Andrew if you are having any problems with the online sign-up process.

Camp is the most important and most effective part of our youth ministry program. We are offering these generous scholarships because we believe Camp is *that* important.

CAMP ST. NICHOLAS Bridge Week 2025

Summer Camp for 2025 High School Grads

What Is This?

- Summer Camp for Current Year High School Graduates
- Similar to Regular Camp St Nicholas Summer Program
- Focused on Bridging the Gap Between High School and What Comes Next

What Will We Do?

- Morning Program Focused on Strengthening our Faith, Skills for Success, and Connection with Orthodox Christians While Away from Home
- Afternoon and Evening Program Similar to Regular Summer Camp
- Off Camp Day Trips and New Activities

When Is It?

- Sun, June 15 to Sat, June 21
- Limited to 30 Campers
- Registration Opens Feb 22
- Cost is \$100 per Camper (through philanthropic support from the Orthodox Vision Foundation)



St. Nicholas Young Adult Ministry Presents...

✠ THE 3RD ANNUAL ✠
YOUNG ADULT

Paschal Party

Save the Date

April 26, 2025

Middle Eastern Feast • Arabic & Greek Music • Cash Bar

St. Nicholas Antiochian Orthodox Cathedral
2300 W 3rd St.
Los Angeles, 90057



Save the Date

**ST. BARBARA LEBANON
RELIEF FUND**

3rd Annual Fundraising Event

SATURDAY | MAY 3 2025 | 7:00 PM

STARRING ... LIVE



**St. Nicholas Cathedral Heritage Ballroom
2300 W 3rd St. Los Angeles CA 90057**



SAVE THE DATE!!!

**Sunday, May 4, 2025
5:30 p.m.**

**The Order of St. Ignatius of Antioch
Diocese of Los Angeles and the West
presents a
Middle Eastern Dinner
welcoming**

**Right Reverend Bishop ANTHONY
Diocese of Los Angeles and the West
Auxiliary to the Metropolitan**

**With special guest
Dennis Awad
Chairman of the Board
Project Mexico & St. Innocent Orphanage**

**Phoenicia Restaurant
343 N. Central Avenue
Glendale, CA 91203
(818) 956-7800**

57th BIENNIAL ANTIOCHIAN ORTHODOX CHRISTIAN
Archdiocese Convention
July 20 – 27, 2025



EARLY BIRD PRICE

Now Until April 30, 2025

~~\$350~~
\$330

Per Person Total Value \$380
**Buy your Ticket Books Today
and Save!**

HOTEL REGISTRATION

Hyatt Regency O'Hare Chicago

~~\$189~~
\$189

PER NIGHT

\$10/night for parking
Complimentary shuttle to and from O'Hare

Reserve your Hotel Room!

"CONTINUING THE ANTIOCHIAN LEGACY IN CHICAGO"

**Celebrating the
50TH ANNIVERSARY OF
THE UNIFICATION OF
NEW YORK AND TOLEDO**
and the
**120TH ANNIVERSARY OF
THE WORD MAGAZINE**

- 100+ EVENTS AND MEETINGS
- CHURCH SERVICES
- ARCHDIOCESE GENERAL ASSEMBLY
- "ASK ABOUNA" ALL WEEK AGES 4-12
- BIBLE BOWL
- ORATORICAL FESTIVAL
- TEEN EVENTS
- YAM EVENTS
- WORKSHOPS
- "MY KIND OF TOWN"
- ARABIAN NIGHTS DINNER AND HAFI
- ANTIOCHIAN LEGACY BANQUET AND GRAND HAFI

Visit

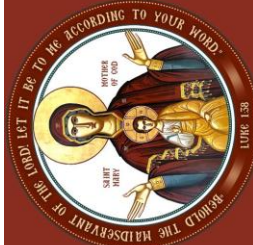
WWW.AC2025CHICAGO.ORG

*"Then Mary said, 'Behold the maidservant of the Lord! Let it be to me according to your word.' And the angel departed from her."
Luke 1:38*

THE MIRACULOUS WEeping ICON
Cicero, IL



With the blessing of His Eminence Metropolitan Saba, for the first time, venerate the Miraculous Weeping Icon in the Holy Chapel all week.



**DIOCESE OF LOS ANGELES & THE
WEST PARISH LIFE CONFERENCE**

JUNE 25 – 29, 2025

HOSTED BY:

ST. NICHOLAS ANTIOCHIAN ORTHODOX
CHURCH, SAN FRANCISCO

WWW.LAPLC.ORG

SCHEDULE HIGHLIGHTS:

THURSDAY JUNE 26

- Morning and Afternoon Workshops
- Order of St. Ignatius Reception
- Young Adult Dinner
- Taco Thursday Welcome Reception

FRIDAY JUNE 27

- Organization Meetings
- Bible Bowl
- Ice Cream Social & Teen Dance
- "Candyland" Theme

SATURDAY JUNE 28

- Young Adult Pilgrimage to Holy Virgin Mary Russian Cathedral
- Awards Brunch
- Oratorical & Choir Festival
- Middle Eastern Dinner and Dance (Hafi)

SUNDAY JUNE 29

- Hierarchical Divine Liturgy

Visit our website for more information

JOIN US AT HYATT
REGENCY SAN FRANCISCO
AIRPORT FOR THE 2025 PLC!

- Hotel Group Rate: \$179/night plus local taxes/fees
- Group rate is valid 3 days before and 3 days after Conference
- Complimentary shuttle to & from San Francisco airport
- Self parking \$15/Day
- 10% discount at all hotel food outlets



CATHEDRAL PRAYER LIST

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life—from our parishioners and those for whom they have requested our prayers.

LIVING

Fr. Joseph Abud, friend of Fr. Nabil and Kh. Elaine, 4/13
Dorothy Nicholas, to undergo surgery, 4/23
Mitry Mor, hospital, 4/20
Leroy Simon, hospital, 4/20
Caroline Sayegh Kizwani, undergoing tests, 4/6
Mirna Aboud, undergoing tests, 4/4
Marta Chala, rehab., 4/4
Georgette Malouf, home, 4/2
Samira El-Shammas, rehab., 3/26
Elham Alloush, Arij Alchammas' mother, 4/20
Jeanette Dawn Reedy, mother of Dante Solano, 4/10
Nasry Iskander, Lucy Hanna's brother, 4/9
Sandra Strain, Tiffany Mychaskiw's mother, 4/2
Mark Sauskojus, Maximus' father, 4/1
All those displaced by the fires in our area, frontline workers, community leaders and all who are providing aid
All those suffering from illness, violence and want in the Middle East, Ukraine and throughout the world

DEPARTED

Fr. George Manneh, retired Pastor of St. George Church, Upland, 4/20
Fr. Wayne Wilson, founding Pastor of St. Barnabas Church, Costa Mesa, 4/10
Mariette Kassir, Jihad's mother, 3/26
John Kouksi, Maurice's grandson, 4/15
Atef Iskander, cousin of Lucy Hanna, 4/7
Joan Rechsteiner, aunt of Kh. Laurie Olson, 4/5
Victims of the Middle East and Ukraine conflicts and of violence everywhere

ST. NICHOLAS CATHEDRAL CALENDAR

March 2025

Sun. 16	Spanish Mission Liturgy , 7:45 am <ul style="list-style-type: none"> • Fellowship and Bible Study in Spanish Matins , 9:15 am Divine Liturgy , 10:30 am <ul style="list-style-type: none"> • Church School • Coffee Hour
Mon. 17	Great Compline , 6:30 pm <ul style="list-style-type: none"> • Cathedral Council meeting
Wed. 19	Presanctified Divine Liturgy , 6:30 pm <ul style="list-style-type: none"> • Lenten Dinner • Spiritual Q&A Discussion
Fri. 21	Little Compline/Akathist , 6:30 pm
Sat. 22	Divine Liturgy , 7 am FOCUS food and clothing distribution, 9 am Great Vespers and Confessions, 6 pm
Sun. 23	<p style="text-align: center;"><i>Veneration of the Holy Cross</i></p> Spanish Mission Liturgy , 7:45 am <ul style="list-style-type: none"> • Fellowship and Bible Study in Spanish Matins , 9:15 am Divine Liturgy , 10:30 am <ul style="list-style-type: none"> • Church School • Coffee Hour
Mon. 24	Great Vespers of the Annunciation , 6:30 pm <ul style="list-style-type: none"> • Young Adult Bible Study
Tue. 25	<p style="text-align: center;"><i>Great Feast of the Annunciation</i></p> Divine Liturgy , 6:30 pm <ul style="list-style-type: none"> • Salmon Dinner and Potluck
Wed. 26	Presanctified Divine Liturgy , 6:30 pm <ul style="list-style-type: none"> • Lenten Dinner • Spiritual Q&A Discussion
Fri. 28	Little Compline/Akathist , 6:30 pm

SEE THE FULL CALENDAR and latest additions and updates at stnicholasla.org/parishcalendar